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## PRESIDENT'S MESSAGE

# What to Pack for the Annual Conference

By Alan Smith, NASPSPA President



Alan Smith

Residing in Michigan as I construct this message, I must refrain from the tradition of waxing poetic on the promise of spring. It is early yet to display such optimism about the weather. Instead, let me offer some packing advice. Consider bringing

both your shorts and your ice skates to our annual gathering, as well as your baseball cap, your dancing shoes (or second left foot), and your best and brightest ideas. You cannot be too prepared to play your important role in the 2014 NASPSPA conference.

If you haven't already, please be sure to make your travel arrangements and register for the conference, which will take place June 12 to 14 in the world-class city of Minneapolis, Minnesota. The conference is shaping up to be outstanding, thanks to your submissions, the efforts of our program and award committees, past president John Shea, student representative Alyson Crozier, and finally our invaluable conference site coordinator Penny McCullagh. As

you have come to expect, stimulating keynotes, symposia, free papers, and posters will mark the conference. There will be a range of opportunities to socialize with old and new friends. And, we will have occasion to recognize the excellence of our colleagues through our various awards.

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## Executive Committee

### President

*Alan Smith, Michigan State University*

### President-Elect

*Gabriele Wulf, University of Nevada,  
Las Vegas*

### Past-President

*John Shea, Indiana University*

### Past-Presidents' Liaison

*Maureen Weiss, University of Minnesota*

### Secretary-Treasurer

*Shannon Ringenbach, Arizona State  
University*

### Communication Director

*Catherine Sabiston, University of Toronto*

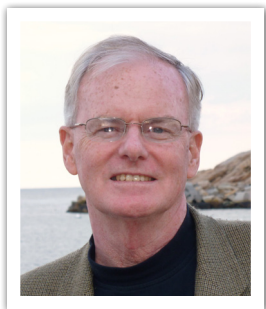
### Student Representative

*Alyson Crozier, University of Saskatchewan*

## PAST-PRESIDENT'S COLUMN

## International Participation Continues to Make for a Strong Program

John Shea, NASPSPA Past-President



John Shea

You are in all likelihood preparing for your trip to the NASPSPA conference in Minneapolis June 12 to 14. One item I want to call your attention to is that a PDF version of the supplement to the *Journal of Sport & Exercise Psychology (JSEP)* for the

conference abstracts will be available on the NASPSPA member site about two weeks (May 29) in advance of the conference to allow members an opportunity to download (or print) a copy. A limited number of copies will be printed, and these will be available to attendees who prefer to have them in this format. *An online poll of all registrants will be conducted about four weeks before the conference to get an estimate of the number of printed copies necessary.* It is hoped that most members will use the PDF online version. This move to use an online copy of abstracts will save the society a substantial amount of money in printing costs.

We are busy writing the conference program and it should be available on the NASPSPA website soon, if it is not already available by the time you read this column. Diane Mack (Sport and Exercise Psychology, SEP), Tom Korff (Developmental Perspectives, DP), and Quincy Almeida (Motor

Learning and Control, MLC), together with their committees, have made the development of this year's program a success. The trend of a strong international representation has continued from last year. Moreover, the topics for each of the areas are closely related, and this may lead to many members attending sessions across the areas. There is an increase in health-related presentations, and the representation of sport-related presentations continues to be strong.

The human kinetics lecture is by Dr. Mark Latash (Penn State University); the title of his presentation is "Towards Physics of Human Movement." Dr. Latash's presentation is complemented by the presentations of our keynote speakers and senior lecturers. Dr. Panteleimon Ekkekakis (Iowa State University) is the keynote speaker for SEP, and his presentation is "The Reemergence of Hedonism in Post-Cognitivist Exercise Psychology: Preparing for the Field's First Veritable Paradigmatic Transition." Dr. Simon J.G. Lewis (University of Sydney and Royal Prince Alfred Hospital, Australia) is the keynote speaker for MLC, and his presentation is "Understanding Motor Control: Insights from Virtual Reality and Parkinson's Disease." Dr. Geert J.P. Savelsbergh (University of Amsterdam) is the keynote speaker for DP, and his presentation is "The Development of the Use of Visual Information for Actions."

Dr. Gabriele Wulf (University of Nevada at Las Vegas) is the senior lecturer for MLC,

and her presentation is "Changing our View of Motor Learners: From Information Processors to Human Beings." Dr. Juergen Konzak (University of Minnesota) is the senior lecturer for DP, and his presentation is "Proprioception and Motor Control Across the Life Span." Dr. Jennifer Etnier (University of North Carolina at Greensboro) is the senior lecturer for the SEP, and her presentation is "Research. . . How Fun is That! Interesting Questions Relative to the Effects of Exercise on Cognitive Performance."

The keynote and senior lecturer presentations are augmented by six outstanding symposia ("Understanding and Enhancing the Involvement of Parents, Families, and Coaches in Youth Sport"; "The Development of a Scale to Assess Young Children's Perceptions of Movement Skills"; "Cogito Ergo Sum or Ambulo Ergo Sum? New Perspectives in Developmental Exercise and Cognitive Research"; "Motor Development in Higher Education: The Digital Revolution in Teaching and Learning"; "Atypical Motor Development: Issues in Children with Developmental Coordination Disorder"; and "Got My Mind Set On You: Examining the Efficacy of Distractive Stimuli in the Exercise Context").

The strength of the NASPSPA conference is determined by the quality of submitted presentations. The submitted abstracts were strong as well as diverse this year. As has been the case for past NASPSPA conferences, these were grouped

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## STUDENTS' COLUMN

# Exciting Events Planned in Minneapolis for Student Members

By Alyson Crozier, NASPSPA student representative



Alyson Crozier

Hello, NASPSPA students! I am quite relieved it is finally spring. It was a long, cold winter up here in Canada. Spring also means warmer weather, longer days, and only a couple short months until the 2014 NASPSPA conference in Minne-

apolis! Thanks to those who submitted their research for presentation at the conference. I hope you are as excited as I am to see what our fellow student members have been up to over the past year. There are also several events for us students to be aware of as our time in Minneapolis draws closer:

## Annual business meeting

I encourage all student members to attend NASPSPA's annual business meeting on Friday, June 13. NASPSPA will provide us with lunch as we listen to the executive committee present and discuss NASPSPA issues, introduce the new executive committee, and present award winners to the membership.

## Student representative nominees

As a reminder, elections for this year's vacant

executive committee positions will take place over the 10 days following the publication of this newsletter. In particular, the two student nominees are Christopher Aiken from Louisiana State University and Nicole Westlund from Western University. Both are highly qualified candidates for this position. Please read their biographies and cast your vote for the person you think will best represent NASPSPA student members' interests.

## Student social

We have reserved the Choir Room at **the Local**, an Irish pub within walking distance to the hotel. Schedule Friday, June 13, after the conference sessions are completed because it is an event you won't want to miss. Your \$10 registration provides you with one drink ticket and finger foods. This is an amazing opportunity to meet other student attendees from all over the world and have fun making new friends. Check out the venue in advance at [www.the-local.com](http://www.the-local.com) and then sign up when registering for the conference or in person at the conference (cash only).

## Student-faculty lunch

This is your chance to meet faculty and professionals at an informal luncheon. We have structured the event this year like a spin-off to

speed dating. We will be having a mix-and-mingle session to allow small groups to ask the experts anything from research interests to work-life balance. Your \$10 registration (online or in person) includes a snack lunch and the opportunity to interact with faculty or professionals you might otherwise never have talked to. The list of faculty and professionals has been finalized: Drs. [Travis Dorsch](#), [Maureen Weiss](#), [Jennifer Etnier](#), and [Jennifer Brunet](#) from the Sport and Exercise Psychology area. From the Developmental Perspectives and Motor Learning and Control area, representatives are Drs. [Shannon Ringenbach](#), [Steven Passmore](#), [Arend van Gemmert](#), and [Simon Lewis](#). Space is limited, so sign up early (online during registration or in person at the conference).

## Student awards

There are still two chances for you to apply for the 2014 NASPSPA Graduate Student Award for International Conference Travel. This \$700 award can be used toward presenting at a conference *outside of North America*. The application package for this award must include a short abstract, a five-page abstract, a letter of information regarding the conference location and research significance, and a letter of recommendation from your advisor. Applications for this award are due May 31 and September

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## 2014 OFFICER CANDIDATES

## President-Elect Candidates



Jennifer Etnier

**Dr. Jennifer L. Etnier** received her BS degree from the University of Tennessee in 1988, her MA from the University of North Carolina in 1990, and her PhD from Arizona State University in 1995. She was an assistant professor at Wake Forest University and an associate

professor at Arizona State University. Dr. Etnier is a professor and director of graduate studies in the department of kinesiology at the University of North Carolina at Greensboro. She conducts research in the field of sport and exercise psychology with a focus on physical activity and cognition across the life span. She is the principal investigator on an NIH-funded study comparing the cognitive benefits of physical activity as a function of a person's genetic risk for Alzheimer's disease. Dr. Etnier has received several awards in recognition of her work with students, including the University of North Carolina Greensboro Graduate School's Outstanding Faculty Mentor Award and the UNCG Alumni Teaching Excellence Award. Dr. Etnier has published numerous empirical articles and several scholarly book chapters and is also the author of *Bring Your A Game*, a book that makes sport psychology techniques accessible to young athletes. She served as editor in chief for the *Journal of Aging*

and *Physical Activity*, section editor for *Research Quarterly for Exercise and Sport*, editorial board member and associate editor for the *Journal of Sport and Exercise Psychology*, and editorial board member for *Mental Health and Physical Activity*. She is a longstanding member of NASPSPA, having received the Student Award in Sport Psychology in 1995 and serving as communication director from 2009 to 2011. Dr. Etnier is a member of the American Psychological Association and the National Academy of Kinesiology and is a member and elected fellow of the American College of Sports Medicine.



Jeff Fairbrother

**Dr. Jeff Fairbrother** is an associate professor and interim department head of the department of kinesiology, recreation, and sport studies at the University of Tennessee at Knoxville. Prior to joining UT, Jeff was an assistant professor in the department

of kinesiology at Towson University. He received his BA in English from the University of California at Santa Barbara in 1991, his MS in physical education from California Polytechnic State University at San Luis Obispo in 1997, and his PhD in movement science (motor learning and control) from Florida State University in 2000.

Jeff has been a NASPSPA member since 1997 and has been an author on 40 presentations at 15 annual meetings. He has always been an active member, serving as both a member and chair of the Motor Learning and Control Program Committee for the annual meeting (in 2005 and 2006, respectively) and recently completed a term as communications director (2011-2013).

Jeff's research interests are motor learning and expertise. His recent motor learning work has focused on understanding the potential ways in which self-control manipulations influence motor learning. His other research includes examinations of the characteristics of skilled performance, the interaction of motor performance with other behaviors, age-related changes in sport performance, and the effects of instructional variables on joint biomechanics. His work has been published in *Ergonomics in Design*, *Experimental Aging Research*, *Frontiers in Movement Science* and *Sport Psychology*, *Human Movement Science*, the *Journal of Human Movement Studies*, the *Journal of Motor Behavior*, the *Journal of Orthopedic & Sports Physical Therapy*, the *Journal of Physical Activity and Health*, the *Knee*, and *Research Quarterly for Exercise and Sport*. In 2010 his book *Fundamentals of Human Motor Behavior* was published by Human Kinetics. Jeff has served as specialty chief editor for *Frontiers in Movement Science and Sport Psychology*, associate editor for *Research Quarterly for Exercise and Sport*, and an editorial board member for the *Journal of Motor Learning and Development*.



## 2014 OFFICER CANDIDATES

## Secretary-Treasurer Candidates



Nicholas Myers

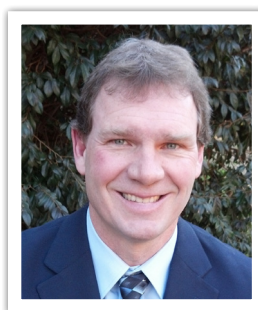
**Dr. Nicholas Myers** is an associate professor and director of the research, measurement, and evaluation (RME) doctoral program at the University of Miami (UM). Since 2006 the RME doctoral program has consistently been rated in the top 20 nationally by Academic Analytics.

Before joining UM in 2005, Nick completed a dual doctoral degree at Michigan State University, majoring in both psychosocial aspects of sport and physical activity (studying with Deborah Feltz) and measurement and quantitative methods (studying with Edward Wolfe).

NASPSPA has encouraged Nick's interdisciplinary program of research from the beginning. In 2004, Nick was awarded a 2004 Graduate Student Research Award. In 2005, Nick was awarded a Graduate Student Research Grant. Nick served on the sport and exercise psychology research proposal review panel for the 2012 meeting. Nick received the Early Career Distinguished Scholar Award in 2013. He is grateful to NASPSPA for the support provided over the first decade of his career and looks forward to providing the next generations with similar support in the coming years.

Nick's program of research has led to conference presentations at the annual meetings of the American Educational Research Association;

American Psychological Association; North American Society for Sport and Physical Activity; American Alliance for Health, Physical Education, Recreation and Dance; and the Modern Modeling Methods conference. Nick's first- or second-authored publications have appeared in journals such as *Structural Equation Modeling*, *Behavior Research Methods*, *Psychosomatic Medicine*, *Educational and Psychological Measurement*, *Journal of Sport and Exercise Psychology (JSEP)*, and *Psychology of Sport and Exercise (PSE)*. Nick served as section editor (2010-2012) for the Measurement and Evaluation section of *Research Quarterly for Exercise and Sport* and serves on the editorial board of several other journals, such as *JSEP*, *PSE*, and *Sport, Exercise, and Performance Psychology*.



Thomas Raedeke

**Dr. Thomas Raedeke**

is a professor of kinesiology at East Carolina University (ECU), where he was the 2010 recipient of the University of North Carolina Board of Governors Award for Excellence in Teaching. Prior to employment at ECU in 1998, Tom was an instructor at the

University of Colorado. He has also served as a research assistant at the American Coaching Effectiveness Program/Human Kinetics and the

United States Olympic Training Center. He received his PhD in exercise and movement science from the University of Oregon and his master's degree from the University of Idaho. Tom's first conference presentation as a master's student was at NASPSPA, and since then he has been a supporter of the organization, presenting at approximately 15 conferences. Tom's research has been published in outlets such as the *Journal of Applied Sport Psychology*, *Journal of Sport and Exercise Psychology*, *Psychology of Sport and Exercise*, *Research Quarterly for Exercise and Sport*, and *Preventive Medicine*. He is an associate editor for *Research Quarterly for Exercise and Sport* and is on the editorial boards of the *Journal of Applied Sport Psychology* and *Sport, Exercise, and Performance Psychology*. His primary research interests focus on motivation, burnout, and affect. The aim of his scholarship is to develop a better understanding of how movement experiences can be structured to facilitate continued involvement and enhanced psychological well-being in both sport and physical activity settings. In the sport domain he is known for his scholarship on burnout. He has completed studies that examined this issue from traditional stress frameworks as well as from alternative motivation perspectives. His recent research focuses on exercise interventions and understanding the impact of movement experiences on well-being and motivation processes such as through an interdisciplinary project involving community outreach in an exercise intervention for overweight adolescents.

## 2014 OFFICER CANDIDATES

## Student Representative Candidates



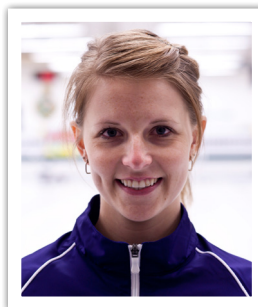
Christopher Aiken

Hello, NASPSPA members! My name is **Christopher Aiken**, and I am a third-year doctoral student in kinesiology with a concentration in motor behavior at Louisiana State University under the direction of Dr. Arend Van Gemmert. Before LSU,

I completed my master's in kinesiology with an emphasis on motor behavior and sport psychology at the University of Tennessee under the direction of Dr. Jeffrey Fairbrother. My primary research interests are focused on how stress affects motor skill acquisition and understanding the parameters affecting the benefits of motor skill transfer between effectors. I currently serve as president of the LSU chapter of Sigma Phi Omega, a national academic honor and professional society for gerontology.

I have been fortunate to present research and attend various national and international conferences such as NASPSPA, AASP, and SfN. NASPSPA has always been my favorite conference to attend and is also the organization that I am proudest to affiliate with. It would be an honor to serve as your student representative for the upcoming term so that I may play a role in helping NASPSPA continue moving forward. I would strive to be a strong advocate for student

members and ensure that their thoughts, ideas, and concerns are clearly communicated to the executive committee. In the past, successful ideas have been brought forth by student representatives, like the student social and student-professional cocktail hour, and I will continue this practice. As your student representative I will ensure that these student meetings continue to take place and exceed our members' needs. In addition, I believe that I can improve value for student members by incorporating opportunities for students to collaborate with one another through special interest groups, which will help establish early professional relationships. Representing the student members in 2014-2015 would be a tremendous privilege. I look forward to seeing you all in Minnesota.



Nicole Westlund

My name is **Nicole Westlund**. I am a second-year PhD candidate with Dr. Craig Hall at Western University in London, Ontario. My research focuses on the use of imagery and how it can be used to improve decision-making abilities in curling. I

am also interested in the application of research to consulting in my work as a mental coach for a U-16 curling team.

I am very excited about the opportunity to be the new student representative because it gives me the chance to ensure that you will have a great experience at the 2015 conference in Portland.

I have had numerous experiences serving on committees throughout my university career. I am currently the president of the Kinesiology Graduate Board at Western, representing students' interests to the faculty. Previously, I was the VP academic for the Kinesiology Graduate Board, looking after academic matters. I was also part of the organizing committee that hosted the ECSEPS conference at Western in 2012 and look forward to helping with the upcoming SCAPPS conference.

As your student representative, I am here for you. I will work closely with the previous student representatives to make sure their initiatives are continued as well as listen to your ideas and bring them to the executive committee. I believe that NASPSPA is a valuable experience for students and provides countless opportunities to network and establish connections that can last a lifetime. One initiative that I am considering is to arrange a way for members who are looking for postdoctoral opportunities to connect with each other and potential supervisors.

Thank you for the opportunity to be the student representative for the 2014-2015 year. I look forward to hearing your suggestions on how to make your conference better. See you all in Minneapolis!

## NASPSA 2014 CONFERENCE INFORMATION

# Updates on What You Need to Know and Do

**June 12-14, 2014**  
**Hilton Minneapolis Downtown,**  
**Minneapolis, Minnesota**

### Join or Renew Your Membership

Go to <http://www.naspspa.org/join-naspspa> to join or renew your membership. You must be an active NASPSA member in order to participate in the conference

### Register for the Conference

Go to <http://www.naspspa.org/register-for-the-conference>.

The deadline for early registration was April 1. The next discounted registration deadline is May 15.

Professional registration is \$350; student registration is \$220.

Full registration fees apply starting May 15. On-site registration for professionals is \$390; for students it is \$280.

### Book Your Hotel Room

Go to <http://www.hilton.com/en/hi/groups/personalized/M/MSPMHHH-NAP-20140607/index.jhtml> to book your room. The conference hotel is the Hilton Minneapolis Downtown.

### Deadline for hotel reservations is May 1.

We strongly encourage NASPSA members to stay at the conference hotel. It helps the society meet contract obligations for a guaranteed number of hotel rooms. These guarantees allow us to negotiate favorable terms for the space we use for the conference. Your support is greatly appreciated.

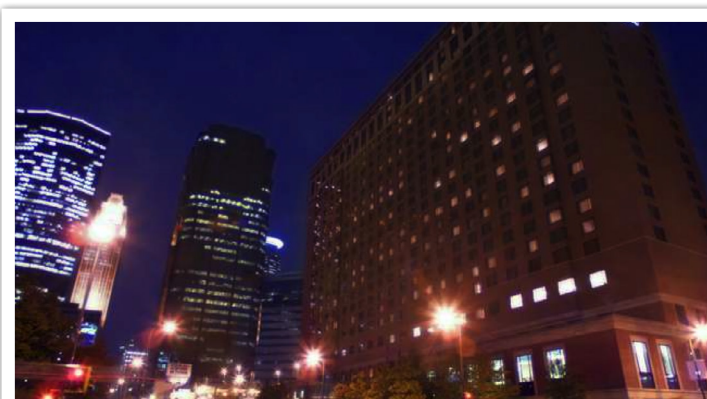
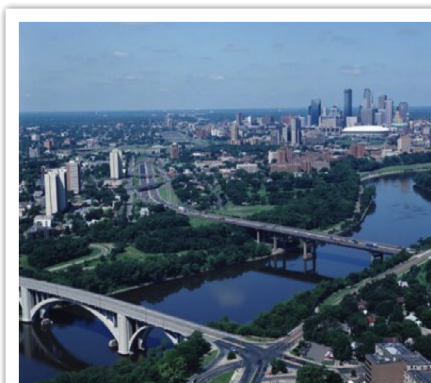
### Plan Your Travel So You Don't Miss a Thing

Similar to last year, the conference program will be starting at 8:30 a.m. on Thursday, June 12.

### 2014 Online Voting for Executive Committee Positions Is Here

We are excited to announce the opening of online voting for NASPSA executive committee positions. Along with the publication of the newsletter, Communications Director Catherine Sabiston will send you an e-mail that will contain a link to an online survey instrument that allows you to cast your votes for each of the open NASPSA executive committee positions. This survey will allow you to vote anonymously for the candidate of your choice. Voting will be open for 10 business days beginning when the e-mail notification is sent. Once the executive committee has certified the vote, candidates will be notified of the outcome, and the results will then be shared with the membership.

You can also access the online voting [here](#).



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## President's Message

See John's message and Alyson's message later in this newsletter to learn more. We look forward to seeing you in Minneapolis!

The spring newsletter signals not only intensified conference preparations but also election season. We have outstanding candidates running for President-Elect, Secretary-Treasurer, and Student Representative. Many thanks to the nominations committee for helping identify such an impressive group! The candidates have noteworthy histories with NASPSA and possess strong dedication to professional service. We are indebted to them for their commitment to us and for stepping forward when approached to run for our open offices. Please express your own commitment to our society by participating in the voting process. This is an important way to maintain the health of our society and to recognize the selflessness of our colleagues who appear on the ballot. You will find biographical sketches of the candidates later in this newsletter, and the online voting process takes place over the next 10 business days. Please take a few moments now to review the candidate information and to vote.

There is one vote that will not be required this year. In my previous message I shared that the executive committee was considering the need to request of you a modest increase in dues. I am pleased to report that we will instead pursue a cost-saving opportunity that enables

us to bypass such a request at this year's business meeting. For a few years we have received feedback from a sizable group of members that providing the abstract supplement in electronic form would offer convenience and be more environmentally conscious. Aside from these benefits, such a move would address a significant cost to the society. Did you know that production of the 2013 supplement cost us about \$11,000? We have worked with our partners at Human Kinetics to address this cost by developing a plan to transition to an electronic supplement. The traditional supplement will continue to exist, and our abstracts will be officially published in *JSEP*. Interested members and journal subscribers will be able to purchase a paper copy. We will simply default to providing electronic access to the abstracts in the future. With our coming Minneapolis conference we will begin the transition. About a month before the meeting you will be asked about your preference to receive a paper copy or not. We will offer printed copies accordingly, and all of you will receive access to the electronic form of the supplement. In 2015, you will receive electronic access only unless you opt to purchase a paper copy. By making this change, we expect to reduce our cost of producing the supplement by over 70%. We will continue to closely evaluate our expenses and take advantage of opportunities to more

economically run the society.

Thank you for reading, voting, and submitting your best work for the upcoming conference. As you finalize your plans for Minneapolis, please remember to book your room at the conference hotel and to carefully consider your packing list. Be sure to include your enthusiasm, scholarly insights, and long underwear.



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## International Participation Continues to Make for a Strong Program

thematically into either verbal or poster presentations. I cannot emphasize enough that the policy of the society is that the assignment of a submitted abstract to either a verbal or poster session does not reflect on the quality of the abstract or the research it reports. I want to thank our membership for their understanding of this policy, even in the face of sometimes-not-so-understanding administrators. I can now provide a peek at the session themes under which these presentations have been organized. For SEP these are Group Influences; Cognition and Physical Activity; Motivation and Physical Activity; Psychosocial Outcomes in Youth Sport; Sport Psychology; Promoting Physical Activity; Stable Characteristics and Physical Activity; Stress, Coping, and Injury; Identity and Self-Perceptions; Psychological Process in Sport; Understanding Psychological Outcomes in Exercise and Physical Activity; and Physical Activity in Children and Youth. For DP these are Developmental Intervention; Atypical Motor Development; Motor Competency in Typically Developing Children; Mechanical Aspects

of Motor Development; Developmental Motor Performance and Proficiency; Interventional Development; and Neuromechanical Aspects of Motor Development. For MLC these are Interlimb Coordination and Limb Transfer; Motor Learning and Practice Schedules; Motor Control Applications and Rehabilitation; Posture and Gait Control; Motor Applications to Sport and Physical Activity; Brain-Behavior Relationships; Factors Influencing Goal-Directed Movement; Visual Guidance of Movement; Movement Planning; Practice and Learning; Sensorimotor Control; and Attention and Motor/Sport/Rehabilitation Applications.

I extend my great appreciation to Penny McCullagh for her perseverance and guidance during the planning of the conference. The submission and review processes were notably effective. I want to thank Kim Scott for staying at her workstation and providing assistance when it was required. But most of all, I want to thank my fellow members of NASPSPA for your understanding and support. I'm looking forward to seeing all of you in Minneapolis!

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## Exciting Events Planned in Minneapolis for Student Members

30. (Please check out the [NASPSPA website](#) for more information.)

## Volunteering and rooming

I am looking for interested people to help out with the student registration table at the conference. Please contact me at [alyson.crozier@usask.ca](mailto:alyson.crozier@usask.ca) if you are interested in helping out. This opportunity is a good way to get involved with NASPSPA, meet new people, and learn more about the organization. In addition, if you are in need of someone to share a hotel room, please let me know or post on the [NASPSPA Facebook](#) group. I will also be searching for roommates myself as the conference draws nearer, so do not hesitate to contact me.

If you have any questions or concerns, please feel free to [contact me](#) at any time. I'm looking forward to seeing all of you in Minneapolis this June!

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## NASPSPA Newsletter

*Managing Editor: Amy Rose*

*Designer: Sean Roosevelt*

*Communication Director: Catherine M. Sabiston*

*Copy Editor: Jan Feeney*



**Human Kinetics**

P.O. Box 5076 Champaign, IL USA 61825-5076

[www.HumanKinetics.com](http://www.HumanKinetics.com)