

NORTH AMERICAN SOCIETY FOR THE PSYCHOLOGY OF SPORT AND PHYSICAL ACTIVITY

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PRESIDENT'S MESSAGE

Conference In Montreal Not To Be Missed

By Jennifer Etnier, NASPSPA President



Jennifer Etnier

Wow, can you believe that it is April already? I certainly hope that you're having a wonderful spring. I am getting excited about our NASPSPA conference in Montreal June 15 to 18. I'm looking forward to attending the conference to learn about the

scholarship of our members and to catching up with long-time and new friends! I also hope to find some time to explore old Montreal, the Plateau, Park Mont-Royal, and other recommended locations!

You're well aware of the phenomenal conference program that past president Gaby Wulf has put together with the help of her area program committees chaired by Priscila Caçola, Bernd Strauss, and David Wright. You will read more about this exceptional program in Gaby's column. Our student members will be excited to learn more about what student representative Kara Palmer has planned by reading her column to follow. Certainly the student–faculty lunch and the student social (after the student meeting) will

provide great opportunities to develop professionally and personally. Gaby and Kara have provided important service to the organization through their efforts for the conference and I

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President's Message

personally want to thank them for their efforts.

I also of course want to give my thanks to Penny McCullagh for her invaluable help in organizing the conference. And, I want to complement our members on reserving their rooms early at the conference hotel. This helps us tremendously with planning; in fact, this year we are expecting one of our biggest conferences in history—we have increased our room block with the hotel three times!

My thanks to our members who served on the Nomination Committee and the Selection Committee. These committees perform valuable behind-the-scenes service for NASPSPA, and I greatly appreciate their contributions.

As a result of the efforts of the Nomination Committee, we have two exceptional candidates running for each of our open positions:

President-Elect

Steve Bray of McMaster University
Meghan McDonough of Purdue University
Secretary–Treasurer

Chris Rhea of the University of North Carolina at Greensboro

Leah Robinson of the University of Michigan

Student Representative

Tayo Moss of Michigan State University **Jordan Wickstrom** of the University of Nebraska at Omaha

Cast your vote by April 29th, if you did not receive a surveymonkey request to vote, please email: galmeida@wlu.ca

Also, in light of nominations put forward by our members for scholars in our organization, I am pleased to announce that we have identified two Early Career Distinguished Scholar Award winners for 2016. These individuals will be announced at the business meeting and will be invited to share their scholarship with us at the 50th anniversary meeting in San Diego! This year, we'll have the pleasure of hearing a presentation by Lisa Barnett, 2015 Early Career Distinguished Scholar Award winner, Thursday June 16. The Selection Committee also identified two NASP-SPA members who have achieved NASPSPA's highest recognition, the Distinguished Scholar Award. We will have the opportunity to honor these award recipients at a special session on Thursday, June 16. Please make every effort to join us to help celebrate the career accomplishments of these exceptional scholars. Bon voyage et à bientôt à Montréal!





Past-President's Column

Record Attendance Expected In Montreal

By Gabriele Wulf, NASPSPA Past-President



Gabriele Wulf

In my previous column, I talked about the high number of abstract submissions we received for the 2016 conference. We are on our way to setting a new attendance record for NASPSPA! As you might imagine, putting together the conference program has

been particularly challenging this year. The area program committees chaired by Priscila Caçola (Motor Development), Bernd Strauss (Sport and Exercise Psychology), and David Wright (Motor Learning and Control) have been working hard on creating an attractive program for you. They recruited outstanding keynote speakers and senior scholars for this year's conference. (For more detailed information, see the previous newsletter.) The committees reviewed the abstracts as well as a large number of applications for the outstanding student paper award, and they are putting together thematic verbal and poster sessions. The committee members and in particular their chairs dedicated considerable time to completing these tasks, and they did so within a tight schedule. I cannot thank them enough for the tremendous amount of work they have done behind the scenes.

Conference site coordinator Penny McCullagh has been indispensible, as always. For many years she has done an excellent job dealing with the conference logistics so that NASPSPA members can enjoy attractive conference sites at a reasonable cost. Look for Penny's message in this newsletter with important information about the conference. Hopefully you have taken a chance to look at draft of the conference program on our website (naspspa.com). We request that you review the information pertaining to you carefully and inform us about needed corrections before we finalize the program. I would like to extend my appreciation to Kim Scott of Human Kinetics. She has been invaluable in the abstract submission and review process as well as in the production of the program itself. Kim's reaction time to e-mails and the quality of her responses are unmatched!

Finally, thank you for giving me the honor of serving as NASPSPA president. It has been a great pleasure to work with the Executive Committee and so many other people who contribute their wisdom, time, and effort to the development of our society. I will be leaving this office in this my 30th year of NASPSPA membership. I look forward to civilian status once again and to many more NASPSPA conferences. Auf Wiedersehen!





STUDENT REPRESENTATIVE'S COLUMN

Student Events Galore At The NASPSPA Conference In Montreal

By Kara Palmer, Student Representative



Kara Palmer

Bonjour, fellow NASP-SPA student members! Both the days and class assignments are getting longer, meaning spring is in the air. In just a few short months we will be enjoying a Montreal summer. I am looking forward to seeing great work from

NASPSPA students at the upcoming conference. Please take a few minutes to read this information regarding conference events, student awards, and 2016-2017 student representative nominations.

Annual business meeting, Friday, June 17:

As a NASPSPA member, you should attend the annual business meeting on Friday. The meeting allows NASPSPA members to vote on policy and handbook changes, discuss current issues related to the organization, recognize recipients of annual awards, and introduce the new Executive Committee. Lunch at this event is provided as a part of your conference fee.

Student-faculty luncheon, Thursday, June 16:

This event is an opportunity for students and faculty to interact in an informal setting. The event this year will be slightly modified from past

years and will include brief introductions of the faculty, unstructured time to mingle with faculty before lunch, and a buffet-style lunch where conversations with faculty can be continued. This format was adopted to address previous concerns regarding the awkward nature of trying to eat, rotate tables, and repeat introductions. Discussions with faculty can include a myriad of topics including (but not limited to) professional development, work-life balance, and research interests. The list of faculty is being finalized but will include Drs. Lindsay Duncan, Jared Porter, Tom Raedeke, Nadja Schott, David Stodden, Diane St. Marie, and Kip Webster. Space is limited, and preregistration is strongly recommended. The event costs \$10.

Student meeting, Friday June 17: The annual student meeting will be held after the poster sessions on Friday (location TBD). This meeting provides NASPSPA student members with information in student awards, introduces and the new student representative, and serves an outlet for students to provide feedback on student events. The student social will immediately follow the meeting.

Student social, Friday June 17: This year's social will take place at Brutopia, one of Montreal's highest-ranked microbreweries (http://brutopia.net). The social will start at 7:30, but the pub

has live music every night and students are welcome to stay and enjoy the atmosphere after the social ends. We will head over as a group after the student meeting. **Space is limited and preregistration is strongly recommended, so sign up early!** Your \$10 ticket includes one drink voucher and appetizers at the venue. Don't miss out on this fabulous event!

Informal events: One of the best parts of being a NASPSPA student member is getting to know other students from around the world. To help with networking within the student membership, other informal student events will be held throughout the conference. For updated information on these events, check out the Facebook page (www.facebook.com/groups/1188371097842929) or stop by the student table.

Student representative nominees: I am delighted to announce the two nominees for the 2016-2017 student representative positions. The two nominees are **Tayo Moss** from Michigan State University and **Jordan Wickham** from University of Nebraska at Omaha. Both are well qualified for this position and have a passion for the NASPSPA organization. Please read their biographies and cast your vote for the candidate you think will best represent the NASPSPA student members.

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Student representative's column

Student awards: You can still apply for the **Graduate Student Awards for International Travel**. This **\$700** award helps students present their work at conferences outside of North America. The application package includes a short abstract, a long abstract, and a letter of recommendation from your advisor. Three competitions are hosted each year, and applications are due before May 31 and September 30.

Volunteering and rooming: If you are interested in being actively involved with the NASPSPA conference, e-mail me at palmerka@umich.edu. Every year we are looking for student volunteers to help with the student registration table and a few other NASPSPA events. Volunteering is a great way to see the behind-the-scenes operations of the organization and meet faculty and student members alike! I am also collecting names of students looking for roommates. Rooming with other members helps to alleviate the cost of

housing at the conference. If you are looking for a roommate, contact me or post your information on the Facebook page.

I hope you are able to attend all the NASP-SPA student events, and I am looking forward to seeing everyone in Montreal!

Suggested Policy Manual Changes To Be Voted On:

ITEM 1: Rewording **Article 2. Purpose** to better align purpose description to the name of the Society.

Current wording:

The purpose of the Society is to develop and advance the study of Motor Behavior (development, learning, and control) and Sport and Exercise Psychology.

Suggested rewording (highlighted):

The purpose of the Society is to develop and advance the study of human movement and physical activity through the fields of Motor Learning/Control/Development and Sport and Exercise Psychology.

ITEM 2: Addition of a sentence in Article 10. Election of Officers, part 10.3 on Student Representative Nominations, to avoid conflicts of interests in the nomination process. Added sentence is highlighted.

If more than two candidates have been nominated:

A Student Nominations Committee will be assembled, consisting of three graduate students, one appointed by each the President, President-Elect, and Past-President. Members of the Student Nominations Committee cannot be from the same institution as any of the candidates. All nominations will be considered by the Student Nominations Committee, which will then determine a slate of two candidates for the position. The Student Nominations Committee will

indicate their selections to the current Student Representative. The current Student Representative will present the slate of candidates to the Communication Director for posting on-line in preparation for an on-line election.

NASPSPA 2016 Conference Information: Updates On What You Need To Know And Do

June 15 to 18, 2016, Hotel Bonaventure, Montreal, Canada

Our annual meeting begins with two exciting pre-conference workshops on Wednesday June 15 (at extra cost when registering for the conference), and ends with a Saturday night dinner party and banquet (included as part of your conference registration fee).

Conference registration is open and early bird prices are available if you register before May 15, 2016.

The conference program begins at 8:00 a.m. on Thursday, June 16. Students, be sure to sign up for special events (faculty–student luncheon, Friday night social, see page 4).

For information pertaining to the 2016 conference in Montreal, Canada, see http://naspspa.com.

Join or renew your membership. Go to <u>www.</u> naspspa.org/join-naspspa to join or renew your membership. You must be an active NASPSPA member in order to participate in the conference.

Register for the conference. Go to www. naspspa.org/register-for-the-conference

Early bird fees prior to May 15 for Professional are \$320 and students \$180.

After May 15 Professional \$390; student \$280.

On-site registration. Professional \$390; student \$280.

Book your hotel room. The conference hotel (Hotel Bonaventure) has sold out of rooms for the conference twice already, so we have increased block of rooms available. Book now, if you have not already booked your hotel room If you do so through out website you will get the conference rate. If there are no more rooms contact naspspa@hotmail.com.

The conference program will be starting at 8:00 a.m. on Thursday, June 16. Click here to view the conference program (http://naspspa.com/wp-content/uploads/2015/06/2016-NASPSPA-Conference-Program.pdf)

Transportation to Hotel:

If you fly into Trudeau International Airport a bus runs 24/7 and costs \$10 each way. It stops one block from the hotel. You will see a large Cathedral on the corner where you get off. Cross street and walk down to hotel. Let the driver know your hotel and they can point it out.

http://www.admtl.com/ en/access/transports/ buses-747-express

You can take the train from most major cities in Canada and you can also take the train from the US. The train station is directly under the hotel.

Even if you are coming from the USA you will need a passport.



So if yours is not current or you do not have one, apply as soon as possible.

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President-Elect Candidates



Steven Bray

Dr. Steven Bray is a professor in the department of kinesiology at McMaster University in Hamilton, Ontario. He received his PhD in kinesiology from the University of Waterloo in 1998. His first NASPSPA conference was in Pittsburgh

in 1992, and he has been a regular member of NASPSPA since 1996. He has served on the Sport and Exercise Psychology Area Program Committee twice and chaired the committee for the 2006 conference in Denver. As a loyal member of NASPSPA, he is strongly committed to our high standards of science and scholarship, initiatives to reach out to new members, and preserving the closeness and camaraderie that endear us to our annual meetings.

Steven's research program primarily investigates relationships between self-perceptions, such as self-efficacy, and physical activity. He also has interests in the group dynamics of role perceptions and interpersonal efficacy beliefs. Most recently research in his lab has focused on self-regulation and fatigue.

Steven has authored or coauthored more than 100 peer-reviewed papers and book chapters, including contributions to the *Journal of Sport and*

Exercise Psychology, Psychology of Sport and Exercise, Biological Psychology, Psychophysiology, and the Journal of Sports Sciences. He has contributed to more than 100 presentations at national and international conferences. He served as the behavioral sciences section editor for the European Journal of Sport Science from 2004 to 2011 and is currently on the editorial boards of the Journal of Sport and Exercise Psychology and Psychology of Sport and Exercise.



Meghan McDonough

Meghan McDonough is an associate professor in the department of health and kinesiology at Purdue University. She received her PhD in sport and exercise psychology from the University of British Columbia in 2006 and has been a faculty mem-

ber at Purdue for the past 10 years. Meghan first attended and presented her research at NASPSPA as a graduate student in 2003. She has presented her work at every NASPSPA conference since, including receiving the NASPSPA student paper award in sport and exercise psychology in

2006 and mentoring several students who have presented their work at NASPSPA meetings. Meghan's research focuses on social relationships in physical activity contexts and the role they play in behavior, motivation, psychological well-being, and coping with stress and adversity. She has 41 peer-reviewed articles and book chapters in journals, including the Journal of Sport & Exercise Psychology; Psychology of Sport & Exercise: Sport, Exercise & Performance Psychology; Journal of Applied Sport Psychology; Research Quarterly in Exercise & Sport; International Journal of Behavioral Nutrition & Physical Activity; Psycho-Oncology; and Journal of Youth & Adolescence. She has presented more than 70 papers at national and international professional meetings. She is an associate editor of the Journal of Sport & Exercise Psychology and is on the editorial board of Sport, Exercise & Performance Psychology and the International Journal of Sport Psychology. Her work has been funded by the Purdue Clifford Kinley Trust, the American Nurses' Foundation, and the United States Department of Agriculture.

Secretary-Treasurer Candidates



Leah E. Robinson

Dr. Leah E. Robinson is an Associate Professor of Movement Science in the School of Kinesiology and a Research Associate Professor in the Center for Human Growth and Development at the University of Michigan (Ann Arbor, MI) where she directs the

Child Motor Activity and Developmental Health Laboratory. Prior to her employment at the University of Michigan, Leah was an Assistant/Associate Professor (2007-2014) within the School of Kinesiology at Auburn University (Auburn, AL). She received both her masters and PhD in Sport and Exercise Science (Motor Behavior) from Ohio State University.

Leah's research agenda takes a developmental perspective to *motor skill acquisition, physical activity,* and *developmental health* across childhood. She examines the multiple factors that influence children's ability to move through the design and implementation of evidence-based interventions (i.e., the Children's Health Activity Motor Program, CHAMP) for typically developing and at-risk children, and the how CHAMP contributes to development health outcomes in children. Her work has been funded by the Robert Wood Johnson Foundation and the National Institutes of Health. Leah's research has been published

in high-quality journals (e.g., Sport Medicine, Journal of Physical Activity and Health, Medicine & Science in Sports & Exercise, Journal of Motor Learning and Development) and she served on two editorial boards: Physical Education and Sport Pedagogy and Frontiers in Movement Science and Sport Psychology. She has received numerous awards and honors at the national and international level that include the Endeavor Executive Fellowship for Research Training from the Australian Governmental Departmental of Education and Training, Mabel Lee Award (American Association for Health, Physical Education, Recreation, and Dance; AAHPERD), Lolas Halverson Motor Development and Learning Young Investigator Award (AAHPERD), Fellow status by the American College of Sports Medicine, and most relevant, the 2014 NASPSPA Early Career Distinguished Scholar Award.

Leah has been a member of NASPSPA since 2005 and it was at Clearwater, FL where she delivered her first oral presentation to our organization. Leah is a supporter of NASPSPA and has served as a conference abstract reviewer for several years and most recently served as the Developmental Perspectives, Program Chair (2015).

It is an honor to be nominated to serve as the NASPSPA Secretary/Treasurer. NASPSPA is my professional home and one of the major catalyst for my professional development, scholarship, and leadership. I will be honored to provide this service back to NASPSPA, if elected.



Christopher K. Rhea

Dr. Christopher K. Rhea is an Associate Professor in the Department of Kinesiology at the University of North Carolina at Greensboro (UNCG) where he serves as the Director of the Virtual Environment for Assessment and Rehabilitation

Laboratory (VEAR Lab). Chris received PhD in Kinesiology specializing in biomechanics from Purdue University and was then a Visiting Scholar at Brown University, while concurrently working as a Research Health Scientist at the Providence VA Medical Center prior to joining UNCG. NASPSPA has always been Chris' 'home conference'. He first attended the NASPSPA conference in 2003 and he has gone on to regularly present his graduate studies and professional work at the annual meeting. Chris also served as the Student Representative on the 2006-2007 NASPSPA Executive Committee, where he learned about the inner workings of NASPSPA, such as conference planning and the annual budget. Since joining UNCG in 2011, Chris has had the pleasure of bringing his students to NASPSPA every year. Chris' lab focuses on the control of gait and balance. Using dynamical systems theory as a guiding framework and utilizing tech-

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Secretary-Treasurer Candidates

nology such as smartphones and virtual reality to assess and enhance motor patterns, Chris' lab has developed innovative strategies, such as creating avatars designed to retrain patients how to walk after a stroke, creating immersive virtual environments for patients with a lower-limb amputation to traverse in a visually challenging, yet safe environment, and the development of a smartphone app to objectively test a person's balance in any setting after a suspected concussion. Collectively, Chris and his research team have published in journals such at Gait & Posture, Human Movement Science, Medical Engineering and Physics, and Experimental Brain Research. He and his research team have also presented 120 conference papers, including 34 papers at the NASPSPA annual meeting, and his research is currently funded by the Department of Defense, the US Navy, and the Women's Football Foundation. Chris is interested joining the NASPSPA executive committee in the capacity of Secretary-Treasurer to continue growing the Society's ability to financially give back to our student and professional members in the form of grants, scholarships, and fellowships.

Student Representative Candidates



Tayo Moss

Thank you for taking the time to get to know me. My name is Tayo Moss, and I am a doctoral student in sport and exercise psychology at Michigan State University under the mentorship of Dr. Deb Feltz. My research focuses on understanding how

diversity in teams may affect social identification and ultimately performance in exercise and sport settings. I am ecstatic about the opportunity to be your student representative for the 50th anniversary of NASPSPA.

An individual needs efficient leadership abilities and communication skills in order to be successful as a student representative for this organization. I am a past NCAA collegiate football student-athlete and team captain from Ferris State University. Throughout that period, I gained valuable leadership experience. I learned the importance of positive thinking, leading by example, being a visionary, and creating and sustaining harmonious relationships. My insights from these athletic experiences will definitely bring a desirable skill set to the student representative position for NASPSPA.

Community service has also been a huge venture of mine. Being involved in the Kinesiology

Graduate Student Organization (KGSO) as the secretary and Graduate Employees Union (GEU) representative has raised my thirst for preserving and enhancing the NASPSPA community reputation. As a GEU representative, I was able to gain excellent service skills by representing the kinesiology community by voicing the concerns of the department to the GEU Executive Board. Furthermore, being the secretary of the KGSO has given me interpersonal skills for a successful student representative.

It is an honor to be considered for the student representative for NASPSPA's 50th anniversary. What better place to celebrate than San Diego?



Jordan Wickstrom

Wickstrom, and I am a doctoral student in biomechanics at the University of Nebraska at Omaha. I work under the advisement of Dr. Anastasia Kyvelidou, and my career goal is to become a professor in the field of motor

and brain development with a focus in autism spectrum disorder (ASD). Specifically, I aim to identify early risk markers of ASD so that treatment can be implemented earlier. I truly appreciate this opportunity to run for the NASPSPA 2016-2017 student representative position. If selected, I will offer several resources for students to get the most out of their NASPSPA and academic experience. For example, at the conference I will organize roundtable discussions on topics relevant to students, such as building a portfolio for a career in academia (e.g., scholarship, teaching, service), writingskill development (e.g., 30 minutes per day, grant writing), professional networking, interview preparation (e.g., negotiating, illegal questions), giving a high-quality job talk, crafting your CV, and reasons to do and not do a postdoc.

In my academic career, I have been involved in various student-centered roles such as student representative for graduate school, tutor for statistics and psychology courses, adjunct instructor for four classes, research assistant in six labs, and academic advisor for student-athletes. The leadership experience that I gained from these positions has prepared me with the foundational skills for serving as a student representative.

I am incredibly humbled by NASPSPA's mission to develop, advance, and improve the scientific study of human behavior in sport and physical activity. I intend to contribute to this mission by voicing other students' needs, being a reliable contact for all members of NASPSPA, and facilitating networking opportunities for future collaborations. Thank you for your consideration, and I look forward to meeting you in Montreal!

Tribute To Ann Gentile—A Charismatic Professor And Interdisciplinary Scientist

Howard Zelaznick

n Tuesday, February 9, 2016, Ann Gentile, professor emeritus at Teachers College of Columbia University, died peacefully in Miami. Ann received her doctorate of physical education (what she lovingly called her DoPE) degree from Indiana University in the late 1960s. She then began a career at Teachers College for the following 44 years. She was an early member and supporter of NASPSPA. She started what could be considered the first MS and PhD program in motor learning and an academic career that influenced many disciplines related to movement science. Furthermore, in her quest to become

an interdisciplinary scientist, she earned a second doctorate in neuropsychology in the mid 1970s at Stony Brook University (called SUNY@ Stony Brook at the time). Anne was ahead of her time in thinking about motor learning. In her seminal paper, "A Working Model of Skill Acquisition With Application to Teaching" (Quest, 1972), she recognized that the skill acquisition process was embodied in the movement demands and the environmental demands. In other words, she argued that hitting a baseball off of a batting tee was different than hitting a pitched baseball. Furthermore, this distinction had immense implication for how to structure practice. Practice had to match the environment specificity, not only the movement specificity. Although this might seem obvious to many of us today, it was a revolutionary idea in 1972. Later in her career, highlighted by an invited talk at NASPSPA in 1999, she promoted the idea that the teaching of implicit and explicit skills formed a taxonomy for learning and teaching methods. This model was influential in physical therapy circles. The rigor of her research carried over into the classroom. She was a charismatic. demanding professor. If you were not prepared to open your mind, think through an issue, and then defend your ideas, you would not be in her good graces. I remember well because I was an undergraduate student in a course she

taught at Brooklyn College. She always had a cigarette lit in her left hand and a piece of chalk in her right. She always asked the class a question and was patient and stubborn enough to wait for an attempted answer. Every class was a unique challenge. Seventy-five minutes later we were a bit smarter. Ann was very demanding even as retirement loomed. Teachers College held a symposium in her honor to celebrate her career as she was about to enter into life as an emeritus professor. She made it clear to the invited speakers that this was not to be a roast but an intellectual event. The presenters, all of us, showed a bit of trepidation during our talk. Did we meet or exceed her expectations of us? For me, this is the loss I will keep with me.

Friends' and colleagues' tributes to Ann are here

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