

# NASPSPA NORTH AMERICAN SOCIETY FOR THE PSYCHOLOGY OF SPORT AND PHYSICAL ACTIVITY

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#### President's Message

## Celebrating 50 Years of Science and Friendship at NASPSPA!

By Daniela Corbetta, NASPSPA President



Daniela Corbetta

know many of you are excited to travel to the sandy beaches and sunshine of California to join the 50<sup>th</sup> anniversary celebration of NASPSPA. This excitement is apparent through the rapid room booking the Catamaran in San Diego has expe-

rienced. All the rooms were reserved by early February, even after expanding the reserved room blocks, and well before announcements of abstract acceptance were issued. It will be great to see extraordinary attendance at this unique commemorative meeting of our society.

As you know, Past-President, Jenny Etnier and Penny McCullagh began working on this program two years ago. This past summer, the 50<sup>th</sup> Anniversary Committee chaired by Penny McCullagh (and including Glyn Roberts, Jill Whitall, Tim Lee, Maureen Weiss, Mary Carlton, Chris Rhea, and Kara Palmer) has been actively working to make this anniversary celebration

unforgettable. You can read more about the program in Jenny's and Penny's columns. And students, please read Tayo Moss's column.

#### **Executive Committee**

#### **President**

Daniela Corbetta
University of Tennessee Knoxville

#### **President-Elect**

Steve Bray, McMaster University

#### **Past-President**

Jennifer L. Etnier University of North Carolina at Greensboro

#### Past-Presidents' Liaison

Maureen Weiss, University of Minnesota

#### Secretary-Treasurer

Leah Robinson, University of Michigan

#### **Communication Director**

Quincy Almeida, Wilfrid Laurier University

#### **Student Representative**

Tayo Moss, Michigan State University

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#### **President's Message**

He has secured fun local activities for you to participate in while in San Diego.

Just to provide a few highlights, the conference program will be different this year to accommodate special symposia, special events, and the conference itself is more expanded. It is beginning on Sunday June, 4th at 4pm, with a 50th Anniversary symposium. This is where you will begin learning about the history of NASPSPA while in San Diego, but this won't be the only place where historical accounts of our Society will be presented. This newsletter also contains lots of worthy material preparing you for this event. I hope you will take time to read it. Of particular interest, you will find in the next pages a piece on the early history of NASPSPA, and how it came together written by Glyn Roberts.

There won't be a Human Kinetics Lecture, nor will there be Senior Lecturers to accommodate this year's commemorative events, but

we will hear presentations from last year's Early Career Award winners, Tony Carlsen and Ben Jackson. And, we will continue to recognize our outstanding members with our Distinguished Scholar and Early Career Scholar Awards. I will be honored to present these prestigious awards to highly deserving members of our Society during our conference business meeting. I will also announce the new incoming members of our society's Executive Committee. To this effect, make sure to cast your vote when the elections are announced following the publication of this newsletter. Voting will be open for 2 weeks. You will receive an e-mail with a URL address directing you to the voting site. We have identified very strong candidates for this election. David **Anderson** from San Francisco State University and **Richard van Emmerik** from the University of Massachusetts Amherst are both running for the President-Elect position, Jennifer Cumming

from the University of Birmingham, UK and Sarah Ullrich-French from Washington State University are running for the Communication Director position, and Taylor Buchanan from the University of Florida and Sally Taunton from the University of South Carolina are running for the Student Representative position. You can find a description of these candidates and their educational/research background in this newsletter. I thank the Nomination Committee, the Student Nomination Committee, and the Distinguished Scholar Award Committee for their diligent work in identifying this year's scholar awardees and candidates for the elections.

I hope you will enjoy reading this Newsletter. I know you are looking forward to traveling to San Diego in June. I very much look forward to seeing you in June for this 50<sup>th</sup> Anniversary celebration!

#### **Memorable Moments at NASPSPA**

We are compiling pictures of your favorite times at NASPSPA to be on display at the 50th anniversary meeting! Please consider contributing the following:

- 1. Submit a picture of you with colleagues at NASPSPA. Send any digital photos or scan in those old Polaroids.
- 2. Provide one sentence (to be shown with your picture) about how NASPSPA has played a part in your professional career.

Please send the pictures to Chris Rhea (ckrhea@uncg.edu) by May 1 so they can be added to a slide show for the conference.

#### PAST-PRESIDENT'S COLUMN

## **NASPSPA Conference Coming to Catamaran!**

By Jennifer Etnier, NASPSPA Past-President



Jennifer Etnier

As you know, the 2017 NASPSPA Annual Conference in San Diego, CA marks the celebration of the 50th anniversary of our organization. As such, the Area Program Committees and the 50th Anniversary Committee are working hard to make

it a very memorable conference.

With respect to the scientific programming, the submissions this year were characterized by their high quality. A special thanks is due to our Area Program Committees (APC) and to the APC Chairs (Jackie Goodway, Nick Myers, and Shannon Ringenbach) for working diligently to meet our deadlines. In addition to the 10 symposia (topics available in Winter Newsletter), we look forward to 30 verbal communication sessions and 3 poster sessions which have been organized thematically. The APC Chairs have done a masterful job of organizing the talks by themes such that each session will prove to be very stimulating. The program itself is available on the website at <a href="https://www.naspspa.com">www.naspspa.com</a>.

At this time, I do have additional details to share with you regarding some of the special events for the 50<sup>th</sup> Anniversary.

The Historical Foundations Lecture will

focus on the key historical landmarks of each of our sub-disciplines from 1967-2007. Penny McCullagh will preside over this session, and we will doubtlessly be captivated by presentations from Larry Brawley (SEP), Bob Christina (MLC), and Jane Clark (MD).

The **Janus Symposium** will provide an opportunity for us to consider the more recent history (2007-2017) of each of our sub-disciplines and to then consider future directions for each of our areas. The Sport and Exercise Psychology session will be moderated by Glyn Roberts and the panel participants will be Diane Gill, Mark Eys, Kathleen Martin Ginis, and Al Smith. The Motor Development session will be moderated by Mike Wade and the presenters will be David Anderson and Leah Robinson. The Motor Learning and Control session will be moderated by Tim Le, Mark Williams, Brad Fawver, and Cheryl Glazebrook will be our presenters in that session.

The **Beachside Chats** will be held on Mission Bay twice during the conference. Each chat will be hosted by faculty members from Motor Development, Motor Learning and Control, and Sport and Exercise Psychology. These sessions will provide informal opportunities for you to interact with the hosts and with one another as you have conversations around a number of interesting topics. There will be six chats held simultaneously during two of the poster sessions, and I envision that NASPSPA members will float

between the poster session and the chats as their interests guide them. Thank you to the many individuals who have offered their time and expertise by agreeing to serve as a host at one of these sessions.

In organizing this conference, I recognize and give my gratitude to all who have helped in this endeavor. A special thanks must certainly go to Penny McCullagh who takes on so many responsibilities with respect to the conference arrangements and who also spear-headed our 50<sup>th</sup> Anniversary committee. I also could not have possibly navigated the abstract submission and review process without the support and guidance of Kim Scott at Human Kinetics. With respect to the 50<sup>th</sup> Anniversary events, thank you to Mo Weiss, Jill Whitall, and Howie Zelaznik and their committees for securing exceptional presenters for our special events. A huge thank you as well to Jackie Goodway, Nick Myers, and Shannon Ringenbach and their committees for their tireless efforts to develop a strong and thematically-organized scientific program. I would be remiss if I didn't also acknowledge all of the Executive Committee members who give their time and energy to our organization and who have helped me to accomplish professional goals relative to our organization. Lastly, I want to point out that all of these individuals I am thanking have given their time to NASPSPA through their professional service. This activity

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#### Past-President's Column

often goes unrecognized by administrators and those who conduct our annual merit reviews, and yet these individuals still give of themselves. Importantly too, and I can say this because I've had the pleasure of getting to know them, this is on top of excelling as scholars and teachers, as spouses and parents, as friends, as caregivers, and as administrators. These individuals have achieved excellence in so many ways and work hard to maintain balance professionally and

personally in their lives, and I feel lucky to have had the opportunity to work closely with them and to learn from them.

As I end my tenure as Past-President of NASPSPA, I want to share with you how much this organization means to me professionally and personally. I will never forget how incredibly warm and welcoming the atmosphere was when I gave my first professional presentation as a student at NASPSPA in Asilomar CA in 1995. That characteristic of our annual conference continues to be a reason why I am devoted to our mission. I love that we are an organization that

is approximately 50/50 with respect to professional and student members, and I value that we respect and nurture our student members as they develop professionally. I am thankful that I had the opportunity to give back to NASPSPA, and I cherish the opportunity that I had to work closely with other NASPSPA members through the executive committee, the conference organizing committees, and through the execution of the organization's business. I think NASPSPA continues to play a vital role in the dissemination of scholarship relevant to our field, and I think our work is even more relevant, timely, and important today than it was when we began 50 years ago!

## **2017 Online Voting for Executive Committee Positions**

We are pleased to continue offering online voting for NASPSPA executive committee positions. Soon after the publication of this newsletter, you will receive an e-mail from the Communication Director, Quincy Almeida, which will contain a link to an online survey instrument that allows you to cast your votes for each of the open NASPSPA Executive Committee positions. This survey will allow you to vote for the candidate of your choice anonymously. Voting

will be open for 10 business days beginning when the email notification is sent. Once the Executive Committee has certified the vote, candidates will be notified of the outcome, and the results will then be shared with the membership.



Franklin Henry with four former students -- from L to R, Jack Leavitt, Ron Marteniuk, FH, Bert Carron and George Stelmach during the 1981 conference in Asilomar

#### STUDENT COLUMN

## Students Ready for San Diego

By Tayo Moss, Student Representative



Tayo Moss

In just a few short months we will be enjoying the warm weather of San Diego. I am looking forward to seeing the great work from NASPSPA students at the upcoming conference. Please take a few minutes to read the information below regarding important conference

events, student awards, and 2017-2018 Student Representative Nominations.

**Student Meeting: Monday, June 5th:** The annual student meeting will be held after the poster sessions on Monday (location TBD). This meeting provides NASPSPA student members with pertinent information on student award opportunities, serves as an outlet for students to provide feedback on conference events, and introduces the new student representative to the organization. The student social will immediately follow the meeting.

**Student Social: Monday, June 5<sup>th</sup>:** Details for the student social are finalized. We will be at the Local Pacific Beach, which is an urban beach bar within walking distance of the hotel. Your \$10 ticket provides you with a drink voucher as well as finger foods at the pub. This is an amazing opportunity to meet other student attendees from all over the world and have fun making new friends! Check out

the venue in advance at The Local Pub <u>website</u>. Be sure to sign up when registering for the conference. **Space is limited and pre-registration is strongly recommended, so sign up early!** Remember, your \$10 ticket includes one drink voucher and appetizers at the venue. It should be a great experience!

Beachside Chats: Monday, June 5<sup>th</sup> and Tuesday, June 6<sup>th</sup>: There will be beachside chats to provide informal, small-group settings for conversations around general topics. There will be many different topics, including tips for tenure, maintaining mid-career momentum, and funding research programs in kinesiology. The beachside chats will be held on Mission Bay and will provide an opportunity for intimate theme-based conversations.

Annual Business Meeting: Tuesday, June 6<sup>th</sup>: As a NASPSPA member, it is vital that you attend the annual business meeting on Friday. The meeting allows NASPSPA members to vote on policy/handbook changes, discuss current issues related to the organization, recognize recipients of the annual awards, and introduce the new Executive Committee. Lunch at this event is provided as a part of your conference fee.

**Informal Events:** One of the best parts of being a NASPSPA student member is getting to know other students from around the world. To help with networking within the student membership,

other informal student events will be held throughout the conference as well. For updates and information on these events, please check out the <u>NAPSPSA Facebook</u> <u>page</u> or stop by the student table!

Student Representative Nominees: I am delighted to announce the two nominees for the 2017-2018 Student Representative positions. The two nominees are **Taylor Buchanan** from University of Florida and **Sally Taunton** from University of South Carolina. Both are well qualified for this position and have a passion for the NASPSPA organization. Please read their biographies and cast your vote for the individual you think will best represent the NASPSPA student members.

**Student Awards:** You can still apply for the **Graduate Student Awards for International Travel**. This \$700 award helps students present their work at conferences outside of North America. The application package includes a short abstract, long abstract, and a letter of recommendation from your advisor. Three competitions are hosted each year, and applications are due by September 30, January 31, or May 31.

Volunteering & Rooming: If you are interested in being actively involved with the NASPSPA conference, please email me at <a href="mailto:mossomot@msu.edu">mossomot@msu.edu</a>. Every year we are looking for student volunteers to help with the student registration table and a few other various NASPSPA events. Volunteering is a great way to get to see the "behind the scenes" operations of the organization and meet faculty and student members alike! Lastly, I am collecting names of students looking for roommates. Rooming with other members helps to alleviate the cost of housing at the conference. If you are looking for a roommate, please don't hesitate to contact me or post it on the Facebook page.

I hope you are able to attend all of the NASPSPA student events! Looking forward to seeing everyone in San Diego!

#### NASPSPA CANDIDATES

#### **President-Elect Candidates**



Richard E.A. Van Emmerik

Richard E.A. van Emmerik is a professor in the department of Kinesiology at the University of Massachusetts Amherst. He received his BS degree from the Vrije Universiteit in Amsterdam, the Netherlands in 1984. He received his PhD in Kinesiology from the

University of Illinois at Urbana-Champaign in 1990, van Emmerik has been an active member of NASPSPA since 1986 and received the Early Career Distinguished Scholar Award in 1996 His research addresses coordination and control of human movement from a nonlinear and complex systems perspective. Major research topics include stability and adaptability of movement as well as the role of variability in motor control. The research in his laboratory is integrative and focuses on the interaction between mechanical, neural and perceptual factors underlying the control of posture and gait, with applications to rehabilitation and human factors. Dr. van Emmerik has published widely in high quality journals inside and outside the field of Kinesiology, and is associate editor for Motor Control, Human Movement Science and Kinesiology Review. He has been a member of the National Academy of Kinesiology since 2011. The National Institutes of Health, the National Science Foundation, NASA, the Department of Defense, as well as several private foundations such as the National Multiple Sclerosis Society have supported his research.



David Anderson

David Anderson is the Director of the Marian Wright Edelman Institute for the Study of Children, Youth and Families at San Francisco State University (SF State) and was formerly a professor in the Department of Kinesiology at SF State and Chair of

that Department. He received his PhD in Kinesiology from Louisiana State University in 1994. David first attended NASPSPA in 1990 while a Masters student at California State University, Long Beach and has presented at every annual conference except three since that time. He has served on the *Motor Development* Area Program Committee three times (once as Chair). David's

research centers on understanding how motor skills are acquired, how skill acquisition can be facilitated, and how the development of skills in the motor domain influences psychological functioning. He has authored numerous peerreviewed articles and book chapters in outlets such as Psychological Science, Child Development, Developmental Psychobiology, Infancy, Acta Psychologica, Journal of Motor Behavior, and Research Quarterly for Exercise and Sport. He has co-authored an activity manual for an introductory kinesiology course and is a co-author of Motor Learning and Control: Concepts and Applications. In addition to presenting numerous papers at national and international conferences, David has secured several million dollars in research funding from agencies such as the National Institutes of Health, the National Science Foundation, the Department of Education, and private Foundations. David is an Active Fellow in the National Academy of Kinesiology, a long-standing member of the Institute of Human Development at the University of California, Berkeley, and is on the editorial boards of the Asian Journal of Exercise and Sports Science and Frontiers in Movement Science and Sport Psychology. He also serves on several advisory boards, including the Leadership Council of the Children's Defense Fund, California.

#### NASPSPA CANDIDATES

### **Communication Director Candidates**



Jennifer Cumming

Dr. Jennifer Cumming is a senior lecturer in Sport and Exercise Psychology from the University of Birmingham (UK) and is a Chartered Psychologist and Associate Fellow of the British Psychological Society. She is also a Fellow of the Higher Education Academy (HEA). Prior

to this, she received her PhD in Kinesiology from the University of Western Ontario in 2001 and her MA from the University of Ottawa in 1999.

Dr Cumming's current research focuses on community-based approaches to developing practical and culturally-tailored interventions for athletes and, more recently, individuals who are traditionally considered 'harder to reach'. She is interested in how individuals learn to effectively regulate their thoughts, feelings, and behaviors with mental skills training, and determine the impact of self-regulation (or dysregulation) on performance, health, and well-being. Whereas sport psychology customarily focuses on mental skills as a regulatory capacity that athletes use in competitive and non-competitive situations, she more broadly uses this knowledge to support health-related quality of life in communities that are more challenging to engage, such as homeless adolescents.

Dr Cumming is the primary investigator of a large funded study (2014-2020) to co-develop, co-implement, and co-evaluate the Mental Skills Training for Life<sup>™</sup> program as part of communitybased participatory action research with a large supported housing service. She was nominated for the University of Birmingham's Founders' Award for Excellence in Policy Advancement in 2015 and Enterprising Birmingham's Most Innovative Collaboration Award in 2017. Her work has also been recognized as good practice by Public Health England and is being used to inform interventions for preventing and reducing homelessness in the UK. She has published over 80 peer-reviewed papers and is the current co-editor of Imagination, Cognition and Personality.



Sarah Ullrich-French

Sarah Ullrich-French is an associate professor in the kinesiology program at Washington State University. She received her MS (2002) and PhD (2006) from Purdue University. Sarah's first NASPSPA conference was in 2002 when she presented

her master's thesis. She has had presentations in every subsequent NASPSPA conference and

attended *almost* every conference since 2002 (she did miss two years for the birth of each of her two children and in 2016 when she was on sabbatical in Spain). Sarah served as NASPSPA Sport and Exercise Psychology program chair in 2015 for the conference held in Portland, Oregon. Sarah's research examines social-contextual factors of motivational processes in youth sport and physical activity. She has 30 peer reviewed empirical publications and 2 book chapters. Some of the journals she has published in include Sport, Exercise, and Performance Psychology, Journal of Sport & Exercise Psychology, Psychology of Sport and Exercise, Research Quarterly in Exercise & Sport, Measurement in Physical Activity Education and Exercise Science. Journal of Sport Science. Women in Sport and Physical Activity, Evaluation and Program Planning, Psychology & Health, and Journal of Adolescence. Sarah has more than 50 conference presentations at professional organizations in the US, Canada, and Europe. She recently had a paper published in the Spanish journal Psicothema. Sarah is on the editorial boards of Sport, Exercise, and Performance Psychology, Journal of Sport & Exercise Psychology, and Qualitative Research in Sport, Exercise & Health. She currently serves as Associate Editor for Sport, Exercise, and Performance Psychology.

#### NASPSPA CANDIDATES

## **Student Representative Candidates**



Sally Taunton

My name is **Sally Taunton** and I am a doctoral student in Motor Behavior at the University of South Carolina under the advisement of Dr. Ali Brian. My research agenda focuses on assessment, evaluation, and intervention of actual motor competence, perceived motor

competence, and physical activity in children with and without disabilities from disadvantaged settings. I am exhilarated about the potential opportunity to serve as the NASPSPA student representative for the 2018 conference in Denver. Colorado. As the NASPSPA student representative, I will provide leadership, organization, and communication with fellow student members of NASPSPA to enhance their contributions and professional experiences within this organization. I currently serve on our university's College of Education Student Advisory Committee and the Department of Physical Education's Doctoral Student Mentorship and Professional Socialization Committee. In serving on committees, I have led community service opportunities, hosted quest lectures, facilitated roundtable discussions all to enhance the professional service and development of undergraduate and graduate students within the College of

Education at the University of South Carolina. These appointments have allowed me to gain valuable insight on student-centered activities, and also foster and develop professional growth, networking, and mentorship during graduate school. Through these opportunities, I have developed leadership, communication, mentorship, and interpersonal skills. If chosen as the NASPSPA student representative, I will use my past experiences and skill sets to provide opportunities for graduate students. Thank you for your consideration, I look forward to seeing everyone in San Diego.



Taylor Buchanan

My name is **Taylor Buchanan**. Thank you for taking the time to consider me for the honor and privilege of serving as the 2017-2018 NASPSPA student representative. I am a doctoral student studying biobehavioral science at the University of

Florida under the mentorship of Dr. Christopher Janelle and Dr. Christopher Hass. I am interested in the interactions of emotion and attention on motor performance in clinical and sports settings. My current projects focus on identifying

underlying mechanisms of breathing interventions that can be used to regulate emotions and optimize motor performance.

It was great to get the chance to meet everyone and serve as a volunteer to assist student events in Montreal last year. I look forward to doing it again this year in San Diego as we celebrate 50 years of NASPSPA. If elected, I plan to continue the exceptional work of previous representatives to ensure meaningful opportunities for faculty and students to connect professionally and socially. I would also like to possibly incorporate a mentor program.

Throughout my academic career, I have served in several leadership and service positions. I currently serve as the New Student Orientation and Fundraising Chair for the Graduate Student Council at UF. I also serve as the Applied Physiology and Kinesiology representative to the College of Health and Human Performance graduate council. During my master's program at Auburn University I was a graduate school senator, representing the School of Kinesiology. I also was elected kinesiology representative of the student council of the College of Education while completing my bachelor's degree, also at Auburn University. Each of these leadership opportunities allowed me to collaborate with others to enhance the experience of my peers through professional development, community service, and social networking.

I believe my leadership and communication skills will allow me to be a successful NASPSPA student representative. I look forward to seeing everyone in San Diego, and sincerely appreciate your consideration of my application for the student representative position!

#### NASPSPA 2017 CONFERENCE

## NASPSPA 2017 Conference Information: Updates on What You Need to Know and Do

#### When and Where

June 4-8, 2017 Catamaran Resort & Spa, San Diego, California

For information pertaining to the 50th Anniversary conference in San Diego, California, please visit our website:

#### **Hotel Rooms**

The Catamaran is sold out of rooms at the conference rate. You may still be able to reserve a room at a higher price or you can reserve a room at the sister hotel (The Bahia) which is about a 20 minute walk. Go to NASPSPA website, then under Conference - 50th Anniversary - Hotel Reservations to reserve a room.



#### Join or renew your membership

Go <u>here</u> to join or renew your membership. You must be an active NASPSPA member in order to participate in the conference.

#### **Register for the Conference**

Go <u>here</u> to register for the conference. Deadline for registration is May 15, 2017: professional \$350; student \$220. On-site registration: professional \$390; student \$280

#### **Transportation from Airport**

#### **Car Service from Airport**

Unique Transportation has dealt with the Catamaran and the Bahia for years and is offering a special rate for private car service to the hotels. \$35 dollars one way to the Catamaran or \$30 one way to the Bahia. (These are special rates and are not the same as those shown on web site). Reserve on line at <a href="https://www.utsd.com">www.utsd.com</a> or call toll free at 800-316-4140 or local call at 858-272-1111. Upon arrival you will communicate via cell phone and they will instruct you on pick up location at San Diego airport.





#### **Super Shuttle Shared Vans**

Discount link for NASPSPA attendees to book their shuttle service to and from the hotel has been made, Shared ride shuttle discount are \$2.00 one way and \$4.00 round trip, There is an option to book Sedans as well. Three ways to book:

- http://www.supershuttle.com/default. aspx?GC=6CLFL
- Download our APP or
- Call 1-800-blue-van and use code 6CLFL to also receive their discount
- \$12 each way to the Bahia and \$13 each way to the Catamaran (Tip not included).

#### THE EARLY HISTORY OF NASPSPA

## The Early History of NASPSPA: From Chicago to Allerton Park

By Glyn C. Roberts, Norwegian University of Sport Science



Glyn Roberts

At the meetings in Clearwater Beach, Florida in 1994, I was engaged in conversation with some friends and colleagues, over a few beers, and the conversation turned to the early history of NASPSPA. Most at the table thought that NASPSPA started at Allerton Park, Monticello, Illinois in 1973. I was quite surprised and regaled the group as to the early history as I remembered it. I was asked to "write something" for the newsletter. I agreed, and the subsequent article was published in the NASPSPA Newsletter in 1995 (Roberts, 1995). The article was my personal look at the early days. I have been asked to update it, and expand on it a little so that we have some documentation of the early years of NASPSPA. I should like to acknowledge an article by

John Loy (1974) in the first ever proceedings of NASPSPA. John's article jogged my memory of some of the details I had forgotten.

This is a personal look, and is not meant to be definitive. But, in retrospect, it was very exciting to be present at the events I am to describe. As a graduate student and a young assistant professor, I attended all but one of the early meetings of NASPSPA. It was a society that grew quickly in the early days reflecting its need. And in these few short years (1965-1973), it grew from a small group who met informally for an hour or so at AAHPER (as it was known then) meetings to a society that conducted three day annual meetings.

## The pre-NASPSPA years: The influence of the world community!

The early development of NASPSPA was stimulated by events in Europe. During the 1950's and 60's, a group of scientists from various countries used to meet informally at various conferences held in Europe to talk about sport psychology. These individuals included Antonnelli (Italy), Kane

(Britain), Kunath (Germany), Olsen (Norway), Rudik (Russia), and Vanek (Czechoslovakia). Within many of the countries in Europe, there were small groups of scientists who had informal sport psychology societies and met within the country to discuss issues pertinent to the emerging field. Many of these people were clinical psychologists, and the early history of sport psychology was dominated by clinical issues. One outcome of

this group of scientists meeting informally was the organization of the First International Congress of Sport Psychology held in Rome, Italy, in April of 1965. This was the first ever major scientific congress devoted to sport psychology.

Warren Johnson (University of Maryland), because of his contacts with individuals in Europe, planned to go to the Rome Congress. It was Johnson who suggested that a small group of individuals in North America interested in sport psychology meet one day prior to the AAHPER meetings in Dallas. Texas in March. 1965 to discuss the possible formation of a national society for sport psychology in the United States. Some interest was expressed, so the group decided to meet in Chicago during the AAHPER meeting the following year. More people were contacted to interest them in meeting to talk about the formation of a sport psychology society. In the meantime, a few North American scientists were in Rome for the First World Congress and met informally in Rome to further discuss the formation of a national society. In Rome, the European sport psychologists decided to found the International Society of Sport Psychology (ISSP) and on April 20, 1965, ISSP was formally created. Antonnelli was elected as the first President of the ISSP (and held honorary presidential status until his death in the late 90's). Arthur Slater-Hammel (Indiana University) was elected Vice President, and Warren Johnson was elected Member at Large on the newly formed Managing Council of ISSP. The other members of www.naspspa.com Page 11

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#### The Early History of NASPSPA

the ISSP Managing Council were Morgan Olsen, Kunath, Bouet (France), Kane, Da Silva (Brazil), Hombravella (Spain), Vanek, Gheron (Bulgaria), and Cagigal (Spain).

A great deal of enthusiasm was generated by the Rome meeting and the meeting scheduled for Chicago one day prior the AAHPER meeting in March 1966 was well attended. Slater-Hammel and Johnson had created interest in the concept. As a personal note, it was the first meeting I attended. At the time I was pursuing a masters degree at the University of Massachusetts. I met John Loy (University of Wisconsin, also a graduate student) through a mutual friend and John took me along because he knew about the meeting as he was a doctoral student of Gerry Kenyon (University of Wisconsin) who was to play a significant role in developing the new society. Karl U. Smith (University of Wisconsin) gave the keynote address at the meeting, and has the distinction of being the first keynote speaker at a sport psychology meeting in North America. The title of his talk was: "Cybernetic Foundation of Human Factors Design in Physical Education". Following the lecture, a business meeting was held where the issue of forming a national society was debated. As a young graduate student at the time, I remember being in awe of many of the debaters as they discussed the pros and cons of a sport psychology group. Many thought the area too small to support a national society, and argued for a larger body of disciplines. As a group, we decided (I never said a word at this meeting!) to pursue the development of a national society. A

steering committee was formed with the charge of exploring the feasibility of forming a national organization. The committee members were: Alderman (University of Alberta), Bailey (University of Saskatchewan), Brown Jr (New York University), Cratty (UCLA), Johnson, Kenyon (University of Wisconsin), Leighton (Eastern Washington State University), Slater-Hammel, and Smith (University of Iowa). The Steering Committee was charged to report back to the group on the feasibility and suggestions for a national society at the next national convention of AAHPERD in Las Vegas in 1967. I remember leaving the meeting feeling privileged to have met these people all in one room. These people were the "movers and shakers" of the time. Even though I was not a sport psychology student at the time, the conversations and the excitement generated at the meeting certainly sparked an interest in the topic, an interest that grew rapidly over the next year when I graduated from Massachusetts and went to the University of Illinois.

As an aside, Dick Schmidt, Rainer Martens, Dan Landers, and myself all came to Illinois around this time, and only Dick was really into psychology: Rainer was disappointed with the resources at Illinois and was contemplating being an administrator and changing universities to go to Indiana (he did not), Dan was philosophizing, and I was an erstwhile historian! Well, some things don't change! Then we discovered social psychology and became sport psychologists, but that is another story!

In the September of 1966, the Managing Council of ISSP met in Barcelona, Spain and Johnson and Slater-Hammel attended as official

members of the Council. Some pressure was put on them to host the second International Congress in Sport Psychology scheduled for 1968. Even though it is difficult to believe in retrospect (but if you knew Slater-Hammel and Johnson then you would not be too surprised), Slater-Hammel and Johnson agreed to host the Congress on behalf of the then non-existent North American Society of Sport Psychology and Physical Activity! It was a name they coined on the spot, in Barcelona, without too much thought I would imagine, and imported it back with them! On their return, they corresponded with the steering committee and arbitrarily declared NASPSPA to be in existence! The steering committee then began to take the necessary steps to legalize the new society, and, among themselves, elected a slate of officers. The first officers of NASPSPA were Slater-Hammel. President; Cratty, Vice-President of National Affairs; Johnson, Vice-President of International Affairs; Brown Jr. Secretary-Treasurer; and Kenyon, Publications Director. The rest of the steering committee became members of the Executive Committee of NASPSPA, Thus, NASPSPA was conceived! At least, conceived in the minds of the steering committee!

One of the first acts of the new Executive Committee was to found a semi-annual newsletter called *The Sport Psychology Bulletin*. The first issue was mailed in January 1967 to the people who signed up in Chicago. In this issue, they asked people to send in \$5 for the second issue and to support initial activities for the World Congress. All persons submitting their dues prior to December 1, 1967 were permitted to be termed charter members of the Society.

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#### The Early History of NASPSPA

#### The Early Meetings.

The first official meeting of NASPSPA was held on March 8, 1967 in the Star Dust Hotel in Las Vegas. The morning consisted of a business meeting where the actions of the steering committee were legitimized, and they voted to accept the name and to be hosts to the 1968 World Congress of Sport Psychology. The afternoon consisted of scientific meetings. Presenters included Ryan (University of California, Davis), Nelson (Penn State University), and Ogilvie and Tutko (San Jose State University). Shortly thereafter, on March 13, 1967, NASPSPA was formally incorporated as a non-profit corporation in the State of Indiana by President Slater-Hammel. Thus, NASPSPA was born!

The second meeting was held at the Chase-Park Hotel in St Louis on March 28, 1968. The records show a membership of 155 at that time and a bank balance of \$776. The scientific meeting consisted of one paper by Rosenbaum of Iowa (Learning Skills by Observation) and a discussion led by Smith of Iowa. But the major activity of NASPSPA in 1968 was hosting the second World Congress in Sport Psychology in Washington, D.C., from October 29 to November 2. Cratty and Johnson shared the responsibility for the scientific program and 101 addresses from 23 countries were given. Kenyon and Grogg edited the proceedings and it was published in 1970 by The Athletic Institute under the title of Contemporary Psychology of Sport.

In browsing those proceedings after all this

time, one is struck by the names of the presenters at the Congress. Not only were the names of the senior scientists mentioned hereto included. but many young fledgling scientists, in many cases before they had achieved the doctorate, who were to go on and be influential in the field. Among these were Rainer Martens, Dan Landers, Dorothy Harris, Bill Morgan, Mike Wade, Dick Schmidt, Bob Singer, and Mike Ellis. It was also my first ever international paper, but one other point is quite striking too. The Rome Congress was dominated by Europeans, and was very clinical in orientation. The Washington Congress was more balanced, and many papers dealing with what we would now term social psychology issues were given. And of course, that was the beginning of the social psychology era of sport psychology, that still prevails to this day.

The third meeting was held in the Sheraton Hotel in Boston, Massachusetts on April 10, 1969. It was at this meeting that the first complaints were made about the name of the organization: The present name was considered too cumbersome. Clearly, no action was taken. However, some action was taken in that a new slate of officers was elected: Cratty as President; Loy (UCLA) as Vice-President of National Affairs; Kroll (University of Massachusetts) as Vice-President of International Affairs; Brown Jr as Secretary-Treasurer; and Kenyon as Publications Director. The rest of the executive Committee were: Alderman; Leighton; Smith; and Summers (Indiana University). For the first time the scientific program stretched for more than an afternoon in that the evening was also full of presentations. The keynote speaker was Brian Sutton-Smith and eight other short research presentations were given and included Martens, Landers, Roberts (all of the University of Illinois), Morgan (University of Missouri) and Ryan (some for the first time at NASPSPA).

It was the fourth meeting that was the most memorable for me. It was held at the Tropics Motor Hotel in Seattle, Washington on April 2, 1970. The meeting was an all day affair with the business meeting in the morning. The most notable action was the forming of the first Dissertation Award Committee with Loy as Chair, Schmidt (University of Michigan) and Stelmach (University of California, Santa Barbara) as members. The total membership was now 214. The scientific meetings were strong. However, of interest to me, the first public criticism of the personality work of Ogilvie and Tutko was presented by Scott (University of California, Berkeley). He gave a strong indictment of the work with Ogilvie and Tutko present. A panel discussion followed with panelists Locke (University of New Mexico), Brown, Hammer (University of California, Santa Barbara), Morgan, and the pair on the hot seat, Ogilvie and Tutko. It was most memorable to me because that icon of graciousness and civility, Bruce Ogilvie, lost his cool a little and mused aloud (very aloud!) that he wished to do harm to certain parts of Jack Scott's anatomy!

The fifth annual meeting was held in the Hilton Hotel in Detroit, Michigan on April 1, 1971. The main item of business was the election of officers. Elected were: Ryan as President, Morgan as Vice-President for National Affairs, Smith as Vice-President of International Affairs, Martens as Secretary-Treasurer, and Schmidt as Publications Director. Berger (University of Dalhousie) was the first recipient of the Dissertation Award, and

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#### The Early History of NASPSPA

Kroll presented an award to Slater-Hammel as the founding President of NASPSPA. The rest of the day was taken up in presentations including ones by Kroll, Ryan, Schmidt, Williams (University of Toledo), and Wade (University of Illinois). Included was a panel discussion on "Women in Sport: Needed Research and Future Directions" with presenters Berger, Day (Temple University), Mushier (SUNY, Cortland) and Williams (Toledo University).

The sixth annual meeting was held at the Sheraton Hotel in Houston, Texas on March 23, 1972. The membership had grown weary of meeting at the same time as AAHPER, and many wanted to meet at a different time. Also, spearheaded by Martens, Schmidt, and Smith, group discussions on the reorganization of NASPSPA occurred. It was decided to hold the next annual meeting separately to AAHPER. Following an invitation from the Illinois contingent (I was at Kent State at this time), the membership decided to meet in May of 1973 at Robert Allerton Park in Monticello, Illinois. But to satisfy the doubters, it was decided to do this as an experiment and to meet the following year (1974) in Anaheim with AAHPER to evaluate the experience. Some felt that there was not enough interest for us to meet together just to talk about sport psychology without the additional attraction of a large national organizational meeting at the same time.

#### The Allerton Park Conference.

The seventh annual meeting thus proved to be pivotal to the development of NASPSPA. It was held over three days (May 14-16, 1973) in Allerton Park, a convention facility of the University of Illinois. Several changes were implemented that prevail to this day. The meeting lasted over several days so that the format of three keynote speakers. one for each area of concern, was formulated. The keynote speakers were Maehr (University of Illinois) in sport psychology. McNeilage (University of Texas, Austin) in motor learning, and Connolly (University of Sheffield, UK) in motor development. The meeting was such a resounding success that the meeting held with AAHPER the following year (1974) was the last meeting held jointly with AAHPER. The business meeting also changed the constitution of the society so that we now had an Executive Committee that consisted of a President, President-Elect, Past President, offices to be held for one year only, a Secretary-Treasurer and a Publications Director whose terms were to be for two years. The elections held after the constitutional changes elected Martens as President, Harris (Penn. State University) as President-Elect, Ryan was Past President by definition, Koch (Ithica College) as Secretary-Treasurer, and Barret (California State University, Fullerton) as Publications Director. This is the format that continues to this day. Attendees of the seventh annual meeting of NASPSPA were 138, and it was the general agreement that the intimate setting of Allerton Park contributed to the success of the meeting. As my last historical aside: How many know that the proceedings of that meeting in Allerton Park (see below) was the first ever book published by Human Kinetics (and almost the last, but that is another story too)?

At the Anaheim conference in 1974, NASPSPA voted to meet independently of AAHPER for the foreseeable future. And to this day, we have not entertained any discussion to reverse that decision. What we also discussed at Allerton Park was the name of the society, and it seems that every 4 years or so we have a new discussion about the name of the society.

#### **Postscript**

Let me give a couple of impressions as part of my postscript. First, the initial impetus to the development of NASPSPA was the influence of our international colleagues. Then when "we" created our own society, it was soon dominated by motor learning people as they were in the majority in the early 1970's. However, as the 70's came to an end, the sport psychologists were in the majority. But we were careful to make sure that our officers represented all of our interests, and we "arranged" the slate of candidates to make sure the areas were covered. However, in the late 1980's and early 1990's, that care and attention was lost for a while, and we almost lost our sport psychology emphasis. As a result sport psychologists attended AAASP. But that concern for balance has been restored recently. and more and more sport and exercise psychologists are attending once more. I welcome that move. Secondly, I treasure my membership in NASPSPA precisely because it does cover all the psychological sciences pertinent to sport and

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physical activity. The other societies we belong to, in our various guises, are more specialized. Let us remember our historical intentions, and keep NASPSPA inclusive and strong.

The above is but a brief recollection of the early days of NASPSPA, and is very personal, but it is important to recognize the early history of the Society and the people who were instrumental in the development of the Society. We are here because of those who went before. I would encourage any of you who remember some of the incidents of those early days to recount them via this medium. Let us not forget our heritage.

Now, about that name that Slater-Hammel and Johnson saddled us with back in 1967!!!!!!

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NASPSPA Presidents taken at the 2016 Past-Presidents' Annual Luncheon. First row from left to right: Michael Wade, Jenny Etnier, Diane Gill, Glyn Roberts, Dick Magill, Jane Clark, Karl Newell, and Beverly Ulrich. Second row from right to left: Alan Smith, Craig Hall, Charlie Shea, Jody Jensen, Maureen Weiss, Kathleen Haywood, Penny McCullagh, Gabriele Wulf, Daniela Corbetta, and Jill Whitall.

**50<sup>th</sup> Anniversary** 

## NASPSPA Quiz Bowl

How much NASPSPA history do you know?

Get ready to show off your NASPSPA knowledge! We will be hosting a historical quiz bowl at the upcoming conference. The Quiz Bowl is an opportunity for NASPSPA members to have fun, meet fellow members, and demonstrate their knowledge of the organization. Teams can consist of 6-8 players from a single university or multiple universities. Teams must include at least two student and two faculty members. Quiz bowl categories will include a wide variety of topics, so pick your team wisely! All teams should sign up in advance by emailing Kara Palmer at palmerka@umich.edu or they may sign up at the registration table on Sunday, June 4th. A complete list of team members, their rank, and universities should be submitted during registration.

### Tribute to Jack Keogh

Submitted by David Sugden

lack Keogh (1927-2016) passed away on UNovember 15, 2016, in Idaho with his wife Barbara and children Carol Leigh, Kirk and Bruce, and their families at his side. In his youth, Jack was a fine sportsman, being distinguished in basketball, baseball and football, and in the latter playing both offensive and defensive positions. He had a background in physical education and mathematics and originally embarked upon a period of teaching in high school in the Santa Maria district of California. Following further study, Jack had a long and distinguished career of over thirty years at UCLA in the Kinesiology Department, being Head of the Department during that period. Around this time, the Department moved from being a traditional Physical Education department to Kinesiology, embracing the advances and changes in the field. Jack was a prime mover in this change.

His subject area was in the general field of motor skill learning and performance, with his speciality being typical and atypical motor development. Starting in the 1960s he pioneered work in motor development and impairment with skilled testing, observing, and empirical work with children. His emphasis was on detailing changes that take place in development. It is often noted that there are two questions in development: the first concerns describing what happens during development and the second looks to find the reasons for these changes. Jack addressed both of these questions. The first involved his work with young children looking at the development of

what he called 'limb tasks': those involving seated, standing and traveling positions and included both arms, legs and arm-leg tasks. Over 300 children in the 5-7 year old range were initially tested to provide rare group data on such tasks. His work also encompassed concepts of competence and confidence—how they develop and their bidirectional influence on children's progressions.

His work on atypical motor development involved 'clumsy children' what we now call Developmental Coordination Disorder. With a dedicated band of students, he analysed these children, with cross-sectional and longitudinal designs, to identify changes that take place. In the 1970s he obtained funding from the Bureau for the Education of the Handicapped to set up a master's degree programme that incorporated much of the interdisciplinary work that he promoted. This degree involved the regular required courses and thesis but also extra courses in special education together with placements in schools, hospitals, clinics, institutions, voluntary organisations and others, where work was ongoing with children whose development was atypical.

This work was continued throughout his career, adhering to the maxim that there are three types

of evidence for our work. The first was the theoretical and fundamental principles underlying our work. He was raised on the maturation theoretical work of Gesell, Shirley, McGraw and others but in the early 70s was greatly influenced by the processing ideas of the time. He embraced these ideas and later developed his thinking into a more ecological approach. Indeed, very early in his work, he was of the opinion that the individual child was not the unit of analysis; it was the child in context. The second type of evidence is that of empirical work and his testing of children using both standardised measures and those that he personally developed throughout his career. He published this work in journals and summarised them in books and monographs. The third type, and often overlooked, is that of professional opinion and observation. Jack was a great observer of movement and was especially good at informally working with children and noting their patterns and preferences.

He took this triad of evidence when working with his students, which was his great professional joy. They came from different fields and left to a multitude of positions, all being influenced by Jack's work. There is a group who went into university work, in kinesiology, psychology, health, and education, and passed on his knowledge to students. Another group went into education in school systems, either having direct influence on pupils in the classroom and gymnasium or at the level of policy through administrative positions. Others went directly into the health services, either as occupational and physical therapists or as psychologists in clinics.

His legacy will be the many books and articles in the area of motor development and impairment, and particularly his students who follow and continue his distinguished contributions.

## Three Proposed Changes to NASPSPA Constitution and By-Laws: Spring 2017

#### Item 1: Proposed change to Article 5, Sections 5.3, 5.4 and 5.5 of the By-Laws.

Rationale for the proposed change: The NASPSPA bank account does not allow non-U.S. citizens to be signatories on the account. Should the Secretary-treasurer (who must be a U.S. citizen or permanent resident according to Article 5.5) become incapacitated or otherwise unable to perform his/her duties only the President is authorized to sign checks. In the 2017/18 cycle, the President (S. Bray) is not a U.S. citizen or permanent resident. The proposed change (highlighted) seeks to remedy this situation by passing the authority to sign checks to another member of the Executive Committee who meets the citizenship/residency requirements in the order: President-Elect, Communications Director. Past-President.

**5.3** The *President* shall preside at all Society and Executive Committee meetings, and appoint all committees as prescribed in Article 9. The President shall call and make appropriate arrangements for the place and conduct of all meetings of the Society and the Executive Committee. The President shall supervise all program planning for the Society meetings and shall provide for a financial report to be performed by a public accountant at the end of each Secretary-Treasurer's term. The President shall be authorized to sign checks in the absence of the Secretary-

Treasurer. In the event the current President is not a U.S. citizen or permanent resident, the authority will pass to the person who meets the requirements (in the order of President-Elect, Communications Director, Past-President) who will be authorized to sign checks in the absence of the Secretary-Treasurer. The President shall compile a list of all award recipients, including outgoing officers, distinguished award winners, and graduate student research award winners, and arrange for the preparation of the awards. The President shall be responsible for all expressions of thanks, recognition, appreciation, and condolences during his/her year of office. His/ her duties also include the submission of the President's column to each of the newsletter publications and other materials specific to each newsletter (see Appendix E).

**5.4** The *President-Elect* shall, during the absence of the President, perform all duties of the President. If the office of the President becomes vacant, the President-Elect shall succeed the President for the unexpired term of office. The President-Elect shall also coordinate archival materials, review the Constitution and By-laws, and suggest revisions of the Policy Manual as needed. Changes in policy enacted at each Executive Committee Meeting or Business Meeting must be

updated in the Policy Manual by the President-Elect as well as revisions to the appendices, as necessary. The incoming President-Elect shall receive an updated Policy Manual from the outgoing President-Elect. President-Elect will aid the Past-President by contacting sponsors for the annual conference and liaising with the Secretary-Treasurer for contract signing. In the event the current President is not a U.S. citizen or permanent resident, the President-Elect will assume the responsibilities of co-signer on the NASPSPA treasury account for a two-year term.

**5.5** The Secretary-Treasurer must be a citizen or permanent resident of the United States, compliant with all Federal or State requirements. The secretary-treasurer shall keep written records of all minutes of the Society's meetings and circulate the record of the minutes to the Executive Committee for review within two weeks following each meeting. The Secretary-Treasurer shall be responsible for initiating membership renewal reminders to all current Society members. The Secretary-Treasurer shall keep a record of all monetary transactions and shall be authorized to sign checks on behalf of the Society. The incoming Secretary-Treasurer will open a NASPSPA treasury account with the current President (or President-Elect, Communication Director, or Past-President) serving as co-signer (according to Articles 5.3, 5.4, 5.6, and 5.7) for the duration www.naspspa.com Page 17

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## Proposed Changes to NASPSPA Constitution and By-Laws: Spring 2017.

of the Secretary-Treasurer's term of office. The Secretary-Treasurer shall submit an annual report to the members of the Society on the status of the membership and funds. The Executive Committee may provide a stipend for an assistant to the Secretary-Treasurer.

**5.6** The *Communication Director* shall be responsible for all communication with the membership including, but not limited to, editing and publishing an electronic newsletter three times per year that will be made available to all members, overseeing employment and graduate student position postings, reviewing and updating website material, and facilitating social media and

email announcements. In the event that neither the current President or President-elect are U.S. citizens or permanent residents, the Communication Director will assume the responsibilities of co-signer on the NASPSPA treasury account for a one-year term.

**5.7** The *Past-President* shall chair the program committee that plans the annual conference. Copies of relevant pages of the Policy Manual as well as other informational materials will be distributed by the Past-President to the Area Program Chairs. The Past-President shall be responsible for thanking the Area Program Chairs of each annual conference. As chair of

the program committee, the Past-President is responsible for overseeing the abstract submission and review process and for finalizing and distributing the program for the annual conference. His/her duties also include the submission of the Past-President's column to each of the newsletter publications and provision of other materials specific to each newsletter (see Appendix E). In the event that the current President, President-elect, and Communication Director are not U.S. citizens or permanent residents, the Past-President will assume the responsibilities of co-signer on the NASPSPA treasury account for a one-year term. Ithica College

#### Item 2. Proposed change to Article 5, Section 5.5 of the By-Laws.

Rationale for the proposed change: In order to facilitate posting of the Executive Committee meeting minutes on the NASPSPA website in a timely manner, the secretary-treasurer's duties will include circulating the record of the meeting minutes for review within two weeks of each Executive Committee meeting.

or permanent resident of the United States, compliant with all Federal or State requirements. The secretary-treasurer shall keep written records of all minutes of the Society's meetings and will circulate the record of the minutes to the Executive Committee for review within two weeks following each meeting. The Secretary-Treasurer shall be responsible for initiating membership renewal reminders to all current Society members. The Secretary-Treasurer shall keep a record of all

monetary transactions and shall be authorized to sign checks on behalf of the Society. The incoming Secretary-Treasurer will open a NASP-SPA treasury account with the current President or President-Elect serving as co-signer for the duration of the Secretary-Treasurer's term of office. The Secretary-Treasurer shall submit an annual report to the members of the Society on the status of the membership and funds. The Executive Committee may provide a stipend for an assistant to the Secretary-Treasurer.

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Proposed Changes to NASPSPA Constitution and By-Laws: Spring 2017.

## Item 3. Proposed change to Article 8 of the By-Laws and Procedures for Approving Policies.

Rationale for the proposed change: The Executive Committee reasons that proposed amendments to the NASPSPA Constitution and By-Laws should require discussion among the membership prior to voting and therefore should be considered only at the Annual Business Meetings where such discussion can take place. Therefore, we propose that the text "or by an affirmative vote of two-thirds of the membership in a mail or electronic ballot." and "or by an affirmative vote of two-thirds of the membership in a mail or electronic ballot (See Article 8)." be removed from Article 8 and the Procedures for Approving Policies, respectively.

#### **Article 8. Amendments**

Amendments to this Constitution and By-Laws may be made by an affirmative vote of two-thirds of the members present at the Annual Business Meeting or by an affirmative vote of two-thirds of the membership in a mail or electronic ballot.

## II. PROCEDURES FOR APPROVING POLICIES

The Executive Committee is empowered to make any and all decisions regarding the business of the Society. However, any matter that would involve a change in the Constitution and By-Laws or that would affect membership at large (e.g., increasing the cost of dues) must be presented to the membership as a whole for discussion and/or action. Such matters require an affirmative vote of two-thirds of the members present at the Annual Business Meeting or an affirmative vote of two-thirds of the membership in a mail or electronic ballot (see Article 8). Proposals to change the Constitution and By-Laws will be included in the spring newsletter and discussed (with appropriate rationale, arguments pro and con, etc.) at the Annual Business Meeting prior to a vote.

#### **NASPSPA** Newsletter

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