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## President’s Message

### Spring Time and Election Time

*John Shea, NASPSPA President*

The thought of the upcoming 2013 NASPSPA Conference in the Big Easy—New Orleans—provides me with the motivation to get through what seems like a long winter here in Bloomington, Indiana, where we reside on the border of colder climates to our north and warmer climates to our south. The sun is a little warmer with every day that passes, and winter will inevitably recede. We will then be able to celebrate spring and the arrival of summer with our friends and colleagues at this year's conference, where we can revel in reports of scientific discovery and renew our commitment to continuing our pursuit of new knowledge. Indeed, New Orleans provides the perfect venue for this process. I hope you will respond to this opportunity by attending the conference, even if you have not made plans to do so at the present time. Don't miss out!

This year’s conference promises to be an outstanding one. A great deal of the credit for this goes to the society’s Past-President, Diane Ste-Marie, and her outstanding cast of Area Program Chairs (Nikki Hodges, Jenn Cumming, and Juergen Konczak) and their committees. I want to thank the members of the Nominations Committee, Distinguished Scholar Award Committee, and Graduate Student Awards Committee.

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### Executive Committee

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<tr>
<th>Position</th>
<th>Name</th>
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<tr>
<td>President</td>
<td>John Shea</td>
<td>Indiana University</td>
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<td>President-Elect</td>
<td>Alan Smith</td>
<td>Michigan State University</td>
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<td>Past-President</td>
<td>Diane Ste-Marie</td>
<td>University of Ottawa</td>
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<td>Past-Presidents’ Liaison</td>
<td>Maureen Weiss</td>
<td>University of Minnesota</td>
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<td>Secretary-Treasurer</td>
<td>Shannon Ringenbach</td>
<td>Arizona State University</td>
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<tr>
<td>Communication Director</td>
<td>Jeff Fairbrother</td>
<td>University of Tennessee, Knoxville</td>
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<tr>
<td>Student Representative</td>
<td>Jenn Tomasone</td>
<td>McMaster University</td>
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Hello, NASPSPA members! I am looking forward to seeing you all in New Orleans June 13 to 15 for our 46th annual conference. Much like the membership, we have international representation with our keynote speakers. As a reminder, Peter Ayton is coming in from City University London, UK, to do our opening Human Kinetics Lecture, and Howard Hall, also from the UK (York St. John University), is the Sport and Exercise Psychology (SEP) Keynote. Edwin Robertson of Harvard University will deliver the Motor Learning and Control (MLC) Keynote. Rounding out the international representation is Giulio Sandini of the Italian Institute of Technology, who will present the keynote for Developmental Perspectives on Motor Control, Coordination, and Rehabilitation (DP:MCCR). Our Senior Lecturers also show an international flavor with a Canadian (Craig Hall for SEP), Australian (Bruce Abernethy for MLC), and American (Daniel Corcos for DP:MCCR) planning to share words of wisdom concerning their long-standing research programs.

We had another successful submission round, and the review committees have been handling close to 370 submissions. Special thanks to our Area Program Chairs, Jennifer Cumming (SEP), Nikki Hodges (MLC), and Juergen Konczak (DP:MCCR), for guiding the review committees throughout this process. We know we will have another exciting and intellectually stimulating program ready for you upon your arrival. We have colleagues coming in from around the world to share their research at NASPSPA and to listen and network with our North American community of motor behavior and sport and exercise psychology researchers.

To ensure that we maximize the program, we are starting early (8:30 a.m.) Thursday, June 13, so plan your travels accordingly. We have created a schedule that will let you tour the town on the Thursday and Friday evenings and enjoy what the Big Easy has to offer. Students are in for a special treat: Student Representative Jenn Tomasone has been hard at work setting up an academic and social calendar for our student members. Be sure to read her column to learn more about the possibilities. Of course, as Past-President, I know that I would be lost without the wonderful Penny McCullagh, who has been providing continual guidance to ensure that our conference team creates the high-quality experience we have come to expect at the NASPSPA annual conference. Come and enjoy it all!
Hello, NASPSPA students! Can you believe spring is already upon us? We will be coming together in New Orleans, Louisiana (NOLA), in less than two months! Thanks to those who submitted research for review for the conference. Our three Area Program Chairs and their committees are working behind the scenes to put together a strong conference program.

There are several events for us students to be aware of during our time in New Orleans. First, I encourage all student members to attend NASPSPA’s business meeting on Friday, June 14. NASPSPA will provide us with lunch as we listen to the current Executive Committee present and discuss NASPSPA issues. The new Executive Committee members will also be introduced to the membership. As a reminder, elections for this year’s vacant Executive Committee positions will begin with the publication of this newsletter and last for 10 business days. I encourage you to read the statements of all nominees and cast your vote.

After the last conference session on Friday evening, you have the opportunity to attend a Student–Professional Cocktail Hour. This is a slight twist from the student–professional roundtable lunch in an effort to facilitate more informal conversations and movement to give you more opportunities to talk with various professionals. Our professionals are at varying stages in their careers in all three NASPSPA program areas, so this will be your chance to ask the experts anything—from sharing research ideas to maintaining work–life balance to securing an academic position. Drinks and snacks will be included at a nominal cost ($10 per person, and NASPSPA will subsidize the rest), and you will be able to sign up for this cocktail hour when you register for the conference online. A limited number of spots are available for this event, so be sure to sign up early. You will be able to sign up for any remaining spots at the student registration table on site in New Orleans.

This year’s Student Social will follow the student–professional cocktail hour on Friday evening. We will start off with a brief student meeting at the hotel, where we will talk about opportunities available to NASPSPA students. You will also have a chance to bring forward any questions or concerns you have about the conference or NASPAPA in general. We will then take a short walk next door to the Crazy Lobster Bar & Grill (www.thecrazylobster.com/new-orleans), where we will take part in a traditional crawfish boil. With the Mississippi River as our backdrop and a local band providing us with live music, our open-air crawfish boil will include all of Louisiana’s favorites: crawfish, corn on the cob, potatoes, sausage, and bread pudding. You will also get a ticket for the drink made famous in NOLA—the hurricane! This year’s student social is $25 per person (NASPSPA is subsidizing the rest), which is more than in previous years, but the setting, music, food, and drinks will give us a real feel for Cajun culture. Please register and pay (cash only) for the event at the student registration table by the end of the day on Thursday, June 13. Vegetarian, gluten-free, and shellfish-free meals will be available on request. Please e-mail me at tomasojr@mcmaster.ca in advance so that I can give the restaurant an idea of how many special meals are needed. Locals say that you cannot leave the Big Easy without experiencing a crawfish boil, so be sure you are part of this great night.

Here are a few other reminders before we meet at the conference:

Even though the application deadlines for the Outstanding Student Paper and Graduate Student Research Grant have now passed, there are still two chances for you to apply for the 2013 NASPSPA Graduate Student Award for International Conference Travel. This $700 award can be used toward presenting at a conference outside of North America. The application package for this award must include a short abstract, a five-page abstract, a letter of information regarding the conference location and research significance, and a letter of recommendation from your adviser.

Student Conference Events have New Orleans Flavor
Jenn Tomasone, NASPSPA Student Representative

Jenn Tomasone
Gabriele Wulf is a professor in the Department of Kinesiology and Nutrition Sciences at the University of Nevada at Las Vegas. She received doctoral degrees from the German Sport University in Cologne and the University in Munich, Germany. After completing postdoctoral studies at UCLA, she held appointments at USC, the Max-Planck Institute for Psychological Research in Munich, and the University of Reading, UK, before coming to UNLV in 2001.

Wulf has been a NASPSPA member since 1987 and has given 60 presentations at 24 NASPSPA conferences. From 2002 to 2004 she served as secretary-treasurer.

In her research, Wulf examines factors that affect motor learning. In the past few years, these have included the performer’s attentional focus; learner-controlled practice; and motivational influences of feedback, conceptions of ability, and learner expectancies. Aside from her book *Attention and Motor Skill Learning*, she has authored more than 150 journal articles and book chapters. Her articles have appeared in *Journal of Experimental Psychology: Learning, Memory, and Cognition*; *Quarterly Journal of Experimental Psychology*; *Psychology and Aging*; *Journal of Motor Behavior*; *Psychology of Sport and Exercise*; *International Review of Sport and Exercise Psychology*; *Journal of Sports Science*; *Medical Education*; and *Gait & Posture*.

Dr. Wulf has served on the editorial board for several journals. Most recently she served as founding editor of *Frontiers in Movement Science and Sport Psychology* before taking on the role of founding editor of the new *Journal of Motor Learning and Development*, published by Human Kinetics.

Richard E.A. van Emmerik is a professor in the Department of Kinesiology at the University of Massachusetts at Amherst. He holds bachelor's and master's comparable degrees from the Vrije Universiteit in Amsterdam, the Netherlands. He received his PhD in kinesiology from the University of Illinois at Urbana-Champaign in 1990. Van Emmerik has been an active member of NASPSPA since 1986. His research addresses coordination and control of human movement from a nonlinear and complex systems perspective. Major research topics include stability and adaptability of movement as well as the role of variability in motor control. The research in his laboratory is integrative and focuses on the interaction between mechanical, neural, and perceptual factors underlying the control of posture and gait with applications to rehabilitation and human factors. Dr. van Emmerik has published widely in high quality journals inside and outside the field of kinesiology and is associate editor for *Motor Control and Human Movement Science*. The National Institutes of Health, National Science Foundation, NASA, Department of Defense, and several private foundations have supported his research.
Executive Committee Candidates

Communication Director Candidates

Nicholas Myers is an associate professor in the Department of Educational and Psychological Studies at the University of Miami (UM). Before joining UM in 2005, Nick completed a dual doctoral degree at Michigan State University, majoring in both measurement and quantitative methods and psychosocial aspects of sport and physical activity. Nick's dual-major doctoral degree reflects his passion in advancing higher-level statistical applications to complex data sets related to psychosocial aspects of sport and physical activity. These quantitative applications are informed, in part, by Nick's substantive experience as both a licensed professional counselor (Ohio, 1999-2005) and a licensed personal trainer (2000-2006).

Nick's program of research has led to conference presentations at the annual meetings of the American Educational Research Association; American Psychological Association; North American Society for Sport and Physical Activity; American Alliance for Health, Physical Education, Recreation and Dance; and Modern Modeling Methods conference. Nick’s first- or second-authored publications have appeared in journals such as Structural Equation Modeling, Behavior Research Methods, Psychosomatic Medicine, Educational and Psychological Measurement, Journal of Sport and Exercise Psychology (JSEP), and Psychology of Sport and Exercise (PSE).

Nick currently serves as Director of the Research, Measurement, and Evaluation (RME) doctoral program at UM. The RME doctoral program has consistently been rated a top 20 program nationally by Academic Analytics since 2006. In the RME program Nick serves as an instructor of several higher-level doctoral statistical courses, including introduction to structural equation modeling, introduction to multilevel modeling, and advanced structural equation modeling. Nick serves as a statistical consultant for the research methodology services component of the Dunsphaugh-Dalton Community and Educational Well-Being (CEW) Research Center at UM and has served as statistical consultant on multiple projects funded by the Florida Department of Education.

Catherine Sabiston is an associate professor in the faculty of Kinesiology and Physical Education at the University of Toronto and Director of the Health Behaviour and Emotion Lab. Before joining the University of Toronto in July 2012, Catherine was an assistant (2007-11) and associate (2011-12) professor at McGill University. She received her BSc in kinesiology (minor in psychology) from Dalhousie University (1998), master’s degree in human kinetics from the University of Windsor (2001), and PhD in exercise and health psychology at the University of British Columbia (2005). She also completed a postdoctoral fellowship in the faculty of medicine at the University of British Columbia (2006). Catherine has been a NASPSPA member since 2000 and served as a member of the Sport and Exercise Psychology Program Committee in 2012. She has been a digest contributor and editorial board member and is currently an associate editor for the Journal of Sport & Exercise Psychology and is also on the editorial boards of Psychology of Sport and Exercise and Sport, Exercise, and Performance Psychology. Catherine’s research is focused on the psychosocial determinants and emotional

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Executive Committee Candidates

Student Representative Candidates

My name is Alyson Crozier. I am currently a second-year PhD candidate at the University of Saskatchewan, working with Dr. Kevin Spink. My research focuses on group dynamics and how the social environment influences individual behavior in sport and exercise settings.

I hope you are all looking forward to New Orleans as much as I am. This will be my fourth NASPSPA experience, and it would be an honor to join the Executive Committee and be the voice of the student members for the 2014 conference in Minneapolis.

I have had many positive experiences working on various committees throughout my university career, which will assist me in being your Student Representative. As an example, I currently am the chair of the Kinesiology Graduate Student Society here at the U of S, responsible for social events and presenting student concerns to the faculty.

As your student representative, I look forward to working closely with those who preceded me as well as with student members to determine the best options in the conference program. The student social has always been a highlight for me, so I am especially looking forward to getting the student members together. It is a wonderful opportunity to network with other students from around the world.

An initiative that I am considering includes having a session to help students understand which experiences contribute to a competitive CV. I would also like to continue the meet-the-professionals sessions and ensure adequate opportunities to network with those in your respective fields.

I look forward to hearing any suggestions that you have for improving the student experience. Thanks for the opportunity to represent the NASPSPA student population over the next year as your Student Representative.

Alyson Crozier

My name is Christopher Aiken. I am a second-year doctoral student in motor learning and control at Louisiana State University under the direction of Dr. Arend Van Gemmert. Before LSU, I completed my master’s in kinesiology with Dr. Jeffrey Fairbrother at the University of Tennessee, where I worked in the Motor Behavior Laboratory for two years. My primary research interest is in how we acquire motor skills and how those skills are transferred to new skills or contexts. Currently, I am studying how learner-controlled feedback changes due to age and how physical and mental stress affects learning of motor skills. I have presented my research at various international conferences such as NASPSPA, AASP, and SfN, and my most recent publication was in Frontiers in Psychology.

I look forward to seeing you all in June and am especially excited and honored for the opportunity to run for NASPSPA Student Representative. Serving in this position would allow me to act as a voice for all student members to ensure that their thoughts and ideas are communicated clearly to the Executive Committee. I will continue to work closely with the committee to see that their initiatives are carried forward, and I look forward to hearing from you about your ideas to ensure NASPSPA meets your needs. The conference is a great time to collaborate and network with our peers and is one of my favorite reasons for attending each year. As the Student Representative, I will seek every available opportunity for students to network with both professional members and student members alike. Representing the student members in 2013-2014 would be a great privilege and honor. See you in NOLA.

Christopher Aiken
2013 Online Voting for Executive Committee Positions Is Here

We are excited to announce the opening of online voting for NASPSPA executive committee positions.

Soon after the publication of this newsletter, you will receive an e-mail from the Communication Director, Jeff Fairbrother (NASPSPA@tennessee.edu), which will contain a link to an online survey instrument that allows you to cast your votes for each of the open NASPSPA Executive Committee positions. This survey will allow you to vote for the candidate of your choice anonymously. Voting will be open for 10 business days beginning when the email notification is sent.

Once the Executive Committee has certified the vote, candidates will be notified of the outcome, and the results will then be shared with the membership.

Please be sure to vote

NASPSPA 2013 Conference Information: Updates on What You Need to Know and Do

June 13-15, 2013
Hilton New Orleans Riverside Hotel
New Orleans, Louisiana

Join or Renew Your Membership

Go to http://www.naspspa.org/join-naspspa to join or renew your membership. You must be an active NASPSPA member in order to participate in the conference.

Register for the Conference

Go to http://www.naspspa.org/register-for-the-conference
Deadline for early registration was April 1, 2013
Deadline for late registration is May 15, 2013:
professional $350; student $220
On-site registration: professional $390; student $280

Book Your Hotel Room


Deadline for reservations is May 1.

We strongly encourage NASPSPA members to stay at the conference hotel. It helps the society meet contract obligations for a guaranteed number of hotel rooms. These guarantees allow us to negotiate favorable terms for the space we use for the conference. Your support in this regard is greatly appreciated.

Transportation From the Airport

Detailed information about transportation options can be found here.

The conference program will be starting at 8:30 am on Thursday, June 13.

Plan your travel accordingly.
Vote on Membership Fees at NASPSPA 2013 Business Meeting

As most members are aware, Human Kinetics Publishing (HK) has recently released the Journal of Motor Learning and Development. HK has approached the Executive Committee of NASPSPA requesting that we officially endorse this journal, much as we do for Journal of Sport and Exercise Psychology. As a corollary to this endorsement, HK proposed that all professional members of NASPSPA have a mandatory journal subscription policy. Specifically, using an excerpt from their proposal, they stated the following:

Member Subscriptions

We request that NASPSPA offer all professional members an online subscription to one of the following HK journals as part of their membership benefits. With the launch of JMLD in 2013, HK will have a journal in the primary interest areas of every member of NASPSPA. With a commitment by NASPSPA for all professional members to subscribe to one journal, delivered in electronic format, HK can make the following offer:

Each professional member will receive an online subscription to one of the following journals for a fee of $40. Each student member will have the option to receive an online subscription to one of the following journals for a fee of $20.

After the first journal selection, professional members may elect to purchase an additional online subscription to any of the other journals listed here for an additional fee of $15. These prices are possible only through the subscription of all NASPSPA members. It is also worth noting that by purchasing an individual subscription to any HK journal, the subscriber gains easy access to the full-text content online not only from a desktop or laptop computer but also via the HK Journals app for iPhone and iPad.

Our current professional membership fee is $60. The proposal presented by HK would result in an increase to $100 in professional membership fees. Student members would have the flexibility of opting in to the journal selection fees, as is the current practice, and thus are not directly affected by this proposal.

According to the policy manual, no changes in membership fees can occur without vote of the membership. As such, we will call a vote on the following proposal at the annual business meeting to be held June 14, 2013, in New Orleans:

That professional membership fees increase from $60 to $100 and, in compensation for this increase, professional members will select at least one journal subscription from a choice of five journals identified by Human Kinetics Publishing that are relevant to our fields of research.

The pros associated with this motion are (1) price reduction of journal subscriptions and (2) clear endorsement of Journal of Motor Learning and Development by our society.

The con associated with this motion is the lack of choice provided to professional members concerning opting in to journal subscriptions.

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I want to call your attention to the next application deadline for the Graduate Student for International Conference Travel Award, which is May 31, 2013.

In my fall newsletter message, I encouraged our membership to take an active role in the Society. The membership responded to this request, and we have excellent candidates for available Executive Committee positions. Candidates for President-Elect are Gabriele (Gaby) Wulf and Richard E. A. van Emmerik. Candidates for Communication Director are Nicholas (Nick) Meyers and Catherine Sabiston. Candidates for Student Representative are Alyson Crozier and Christopher Aiken. Biographical sketches for these candidates are printed in this newsletter. Online voting for these positions opens with the publication of this newsletter and lasts for 10 business days. Voting for your candidates of choice is one of the most important ways you can participate in the development of NASPSPA.

The Business Meeting for this year’s conference will be on Friday from 1:00 to 2:30 p.m. We will announce this year’s award recipients and give an update on the renaming initiative, which was begun under the presidency of Jody Jensen. We will also vote on increasing professional membership fees (see p. 8 for details).

I want to thank Penny McCullagh for all the time and effort she has invested in making arrangements for our stay in New Orleans. Penny has already begun working on the arrangements for the 2014 conference to be held at the Hilton Minneapolis hotel June 12 to 14, 2014. I hope to have a session for presentations related to ergonomics at the 2014 conference. Please let me know (jbshea@iu.edu) of any suggestions you have for a format for this session.

Think of New Orleans as you observe the slow approach of springtime, and resolve to join your friends and colleagues at this year’s NASPSPA conference. As the Cajuns say, “Laissez les bons temps rouler!”

Applications for this award are due May 31 and September 30. (Please click on the name of the award for more information about how to apply.)

Please join the NASPSPA Facebook Group. We can use Facebook as a discussion forum as the conference approaches. If you are looking to share a hotel room or shuttle from the airport, Facebook can help you get in touch with other NASPSPA student members. You can also use Facebook to share suggestions or comments with me. (Finally, a legitimate excuse for being on Facebook in the lab!)

If you have any questions or concerns, please let me know—that is what I am here for! I’m looking forward to seeing all of you in the Big Easy this June.

Outcomes of physical activity participation. Her current studies focus on the longitudinal link between physical activity and emotional well-being among cancer survivors and relationships among physical self-perceptions and self-conscious emotions in sport and exercise. As principal and co-investigator, she has held over $10 million in funding by the leading health and social sciences research granting agencies in Canada. Furthermore, she has been recognized for her research with distinctions as the recipient of the 2012 NASPSPA Early Career Distinguished Scholar Award, star researcher in the province of Quebec (2010), and new investigator awards from provincial health agencies (2009 and 2010). Catherine is a peer-review committee member for the Canadian Institutes of Health Research and Canadian Cancer Society and is an exercise science expert on several national psychosocial health and knowledge translation panels. She has more than 75 publications in an array of health and psychology journals, has given over 120 conference presentations and invited talks, and is an expert in translating her research to her chocolate Labrador and toddler.