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PRESIDENT'S MESSAGE

See You in Portland!

By Gabriele Wulf, NASPSPA President



Gabriele Wulf

I hope you are looking forward to our upcoming conference in beautiful Portland, Oregon! This is an active city, so we should feel right at home. When you plan your trip to the West Coast, you might want to add a few extra days before or after the conference to take advantage of the many things this city—and the region for that matter—has to offer.

Not just the locale but also our conference program has much to offer! Past president Al Smith and the Program Committee—with area chairs Bill Berg, Leah Robinson, and Sarah Ullrich-French—have put together an exciting program, which includes outstanding speakers, preconference workshops for mid- and late-career colleagues, and student events organized by student representative Nicole Westlund. You will find more information about the program in Al's and Nicole's columns. Thanks also to Penny McCullagh, our conference site coordinator, who has been working tirelessly on the logistics of the conference. Check out the information she provides on the website and in this newsletter.

I would like to acknowledge our colleagues who served behind the scenes on various committees. The Distinguished Scholar Selection Committee received many nominations from our membership this year and therefore had to make some difficult decisions. Two new distinguished

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Executive Committee

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Gabriele Wulf, University of Nevada, Las Vegas

President-Elect

*Jennifer Etnier, University of
North Carolina at Greensboro*

Past-President

Alan Smith, Michigan State University

Past-Presidents' Liaison

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Communication Director

Catherine Sabiston, University of Toronto

Student Representative

Nicole Westlund, Western University

PAST-PRESIDENT'S COLUMN

NASPSPA Conference is Fast Approaching

By Alan Smith, NASPSPA Past-President



Alan Smith

The 2015 NASPSPA Annual Conference in Portland, Oregon, is fast approaching. I hope to see you there! As you read in my previous columns, we have an outstanding lineup of speakers and special sessions for the conference. Our abstract numbers are strong, and our program area chairs have pulled together a cohesive and intellectually stimulating set of verbal communication and poster sessions. Along with our student-driven events, social programming, and strong international representation, this year's meeting is a can't-miss event on your spring travel agenda. Please go to www.naspspa.com

to find the program and, in early to middle May, the *JSEP Supplement* containing the conference abstracts. Also see the Conference Information section of this newsletter. It contains important information on conference registration and hotel accommodations.

The quality of the conference program has much to do with the efforts of the Program Area Committees, chaired by Bill Berg, Leah Robinson, and Sarah Ullrich-French. Our colleagues on these committees secured keynote speakers and senior lecturers, solicited abstract submissions, reviewed the abstracts, reviewed applications for the Outstanding Student Paper Award, and suggested ways to thematically package the submissions. Their work was timely, thoughtful, and altogether top notch. I want to thank the committee members and chairs for their selfless work on behalf of NASPSPA. I also want to thank

conference site coordinator Penny McCullagh, student representative Nicole Westlund, and Kim Scott of Human Kinetics. They are tremendous assets to NASPSPA and have made considerable behind-the-scenes efforts to ensure our upcoming gathering in Portland will be a special one. It has been a joy to work with them.

As I close my final newsletter message, I want to express my appreciation to you for affording me the privilege of leading NASPSPA. It has been an honor for me to serve our society, work closely with fellow executive committee members, and interact with many of you. Our society is doing a wonderful job of advancing science, nurturing the next generation of scholars, and promoting well-being. Contributing to this mission has been greatly satisfying professionally and personally. Thank you.

STUDENT-REPRESENTATIVE'S COLUMN

Exclusive Student Events Planned for Portland in June

by Nicole Westlund, NASPSPA Student Representative



Nicole Westlund

Hello, fellow NASPSPA students! The snow is slowly starting to melt here in Canada, meaning that spring is finally right around the corner. With that, it means that the 2015 NASPSPA conference in Portland will be here before we know it!

Thanks to those who submitted their research for presentation at the conference. I hope you are as excited as I am to see what our fellow student members have been up to over the past year. There are also several events for us students to be aware of as our time in Portland draws closer:

Annual business meeting: I encourage all student members to attend NASPSPA's annual business meeting on Friday, June 5. NASPSPA will provide us with lunch as we listen to the Executive Committee present and discuss NASPSPA issues, introduce the new Executive Committee, and present the award winners to the membership.

Student representative nominees: As a reminder, elections for this year's vacant Executive Committee positions will take place over the 15 business days following the publication of

this newsletter. In particular, the two student nominees are **April Karlinsky** from the University of British Columbia and **Kara Palmer** from the University of Michigan. Both are highly qualified candidates for this position. Please read their biographies and cast your vote for the person you think will best represent NASPSPA student members' interests.

Student-faculty lunch: This is your chance to meet faculty and professionals at an informal luncheon. We have kept the same structure as last year's spin-off to "speed dating." On Thursday, June 4, we will have a mix-and-mingle session to allow small groups to ask the experts anything from research interests to work-life balance. Your \$10 registration (online or in person) covers a snack lunch and the opportunity to interact with faculty and professionals that you might otherwise never have. The list of faculty and professionals is still being finalized but will include Drs. [Panteleimon Ekkekakis](#), [Luc Martin](#), [Sarah Ullrich-French](#), and [Kathleen Wilson](#) from the Sport and Exercise Psychology area. From the Developmental Perspectives and Motor Learning and Control areas, representatives include Drs. [Leah Robinson](#), [Charles Shea](#), [Breanna Studenka](#), and [Michael Wade](#) and more will be confirmed shortly. Space is limited, so sign up early online during registration or in person at the conference (cash only).

Student meeting: This is an outlet where you can find out more information on student awards or student-specific initiatives. It is also your opportunity to provide me with any feedback on the conference or any student issues in NASPSPA. The meeting will take place at 7:00 p.m. on Friday, June 5 (presently scheduled in room Broadway I), immediately followed by the student social.

Student social: Immediately after the student meeting on Friday, June 5, students will embark on a picture scavenger hunt as they make their way from the conference hotel to McMenamins Ringlers Pub, a historic part of Portland's Pearl District. This is an event you won't want to miss! Your \$10 registration provides you with one drink ticket and finger foods. This is an amazing opportunity to meet other student attendees from all over the world and have fun making new friends. Check out the venue in advance at www.mcmenamins.com/257-ringlers-pub-home and then sign up when registering for the conference or in person at the conference (cash only).

Student awards: There are still two chances for you to apply for the 2015 NASPSPA Graduate Student Award for International Conference Travel. This \$700 award can be used towards presenting at a conference outside of North America. The application package for this award must

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EXECUTIVE COMMITTEE CANDIDATES

President-Elect Candidates



Daniela Corbetta

Daniela Corbetta is a professor in the department of psychology and the director of the Infant Perception-Action Laboratory at the University of Tennessee at Knoxville. She received her PhD in developmental psychology at the University of Geneva in Switzerland,

her native country. She completed two postdocs funded by the Swiss National Science Foundation. The first one took her to the department of medicine at the University of Leuven, Brussels,

Belgium, for a year to study brain-related movement disorders. Then she came to the United States to complete her second postdoc with Esther Thelen at Indiana University for five years. In 1995, she took a faculty position in the department of health and kinesiology at Purdue University. In 2005 she moved to her current position. Daniela's research focuses on the development of goal-directed movements in young infants. Her work aims to uncover the developmental processes underlying the emergence and progression of infant reaching. Recently she has begun addressing how underlying neural processes reorganize during transitions in infant reaching. Daniela has 56 publications, many of which are the product of

extensive longitudinal studies. She has presented more than 80 papers at professional meetings and given nearly 40 invited presentations at workshops and academic institutions in 9 countries. Daniela is a fellow of the Association for Psychological Science and an associate editor of the *Journal of Motor Learning and Development* and *Frontiers in Movement Science and Sport Psychology* (a specialty of *Frontiers in Psychology*). She has served on the editorial boards of *Developmental Psychology*, *Infancy*, *Infant and Child Development*, and *Developmental Psychobiology*. Dr. Corbetta has received NIH, NSF, and foreign grants and has served on an NIH and NICHD study section. She has been a member of NASPSPA since 1992.



David Anderson

Dr. David Anderson is a professor in the department of kinesiology at San Francisco State University and is the former chair of the department. He received his PhD in kinesiology from Louisiana State University in 1994. David first attended NASPSPA

in 1990 while a master's student at California State University at Long Beach and has presented at every annual conference except three since that time. He has served on the

Motor Development Area Program Committee three times (once as chair). David's research centers on understanding how motor skills are acquired, how skill acquisition can be facilitated, and how the development of skills in the motor domain influences psychological functioning. He has authored and coauthored more than 65 peer-reviewed articles and book chapters in *Psychological Science*, *Child Development*, *Developmental Psychobiology*, *Infancy*, *Acta Psychologica*, *Journal of Motor Behavior*, and *Research Quarterly for Exercise and Sport*. He has coauthored an activity manual for an introductory kinesiology course and is a coauthor of *Motor Learning and Control: Concepts and*

Applications. In addition to presenting more than 100 papers at national and international conferences, David has secured more than \$4 million in research grants from agencies such as the National Institutes of Health, the National Science Foundation, and the Department of Education. David is an active fellow of the National Academy of Kinesiology and a long-standing member of the Institute of Human Development at the University of California at Berkeley. David is on the editorial boards of the *Asian Journal of Exercise and Sports Science* and *Frontiers in Movement Science and Sport Psychology*.

EXECUTIVE COMMITTEE CANDIDATES

Communication Director Candidates



Quincy Almeida

Dr. Quincy Almeida is a professor in the department of kinesiology and physical education and director of the Sun Life Financial Movement Disorders Research & Rehabilitation Centre at Wilfrid Laurier University in Canada. He completed his bachelor's

and MSc degrees at McMaster University and his PhD in behavioral neuroscience and kinesiology at the University of Waterloo. Quincy has been a member of NASPSPA since 1997, acting as NASPSPA's program chair for Motor

Control last year and the student representative in 2004-2005. In 2012 he was awarded NASPSPA's Early Career Distinguished Scholar, and he has supervised a number of NASPSPA travel award and research grant students. He has been an author on 46 NASPSPA abstracts over 17 annual meetings. He has also been awarded the Polanyi Prize for physiology and medicine in Canada as well as the Franklin Henry Young Scientist Award for motor control.

Quincy's interests are in motor control and learning and how translation of this research in neurodegenerative conditions can lead to a better understanding of brain function and development of physical activity strategies for populations such as those with Parkinson's disease. His

research has been funded by NSERC, CIHR, Sun Life Financial, and the Canada Foundation for Innovation.

His work has been published in the *Journal of Neurology*, *Neuropsychologia*, *Neuroscience*, *European Journal of Neuroscience*, *Experimental Brain Research*, *Movement Disorders*, *Frontiers in Neurology*, *Journal of Motor Behavior*, *Rehabilitation Research and Practice*, *Conference Papers in Medicine*, *Journal of Neurodegenerative Disease*, and *Neurodegenerative Disease Management*. As part of the Executive Committee, his goal is to promote international recognition and participation of NASPSPA through communications initiatives and in the planning of future locations of the conference.



William Berg

Dr. William Berg is an associate professor in the department of kinesiology and health at Miami University in Oxford, Ohio. He received his BS in social studies education and coaching certification from the University of Minnesota in 1985, his

MEd in physical education from the University of Mississippi in 1987, and his PhD in kinesiology from the University of Minnesota in 1991.

William has been an active NASPSPA member since 1989. He been a member of the Motor Learning and Control Program Committee for annual meetings in 2009 and 2014 and is the 2015 chair of the Program Committee. William has made 24 presentations at NASPSPA conferences.

Dr. Berg's research focuses on addressing important basic and applied questions in the domains of human postural and locomotor control and attention and human performance. His research has contributed to our understanding of step length regulation, falls in older adults, anticipatory postural control, and distracted driving.

William's work has been published in the

Journal of Experimental Psychology: Human Perception and Performance, *Experimental Brain Research*, *Age and Aging*, *Gait and Posture*, *Accident Analysis and Prevention*, *Journal of the American Geriatrics Society*, *Human Movement Science*, *Journal of Aging and Physical Activity*, *Adaptive Behavior*, and *Transportation Research Part F: Traffic Psychology and Behavior*. William has been a member of the editorial board of *Human Movement Science* since 1999 and a guest reviewer for nearly 30 other scholarly journals. He is a recipient of the Delp Outstanding Faculty Award in the College of Education, Health and Society at Miami University.

EXECUTIVE COMMITTEE CANDIDATES

Student Representative Candidates



Kara Palmer

My name is **Kara Palmer**. I am a doctoral student in movement science at the University of Michigan under the mentorship of Dr. Leah E. Robinson. My research focuses on understanding the critical roles of motor skill competence and physical

activity in child development. In particular, I am interested in design and implementation of evidence-based interventions that improve motor and health outcomes in preschool- and school-aged children.

I am honored to serve as a candidate for the 2015-2016 NASPSPA student representative, and, if elected, to be a liaison between the organization's student body and the Executive Committee. I will aim to continue the exceptional work accomplished by previous representatives who provided great opportunities for students to network both professionally and socially with each other and faculty. I would also like to bring to the Executive Committee an opportunity to improve the graduate student experience at NASPSPA by including a conference session or workshop on professional development and marketability (e.g., publishing during your program, preparing for an academic interview).

Throughout my academic career I have served

in several leadership positions. During my master's program at Auburn University I was a graduate school ambassador. I also was elected president of the Exercise Physiology Club and vice president of the Honors' College Ambassadors while completing my bachelor's degree at the University of Southern Mississippi. Hence, my experiences have equipped me with the tools to be a successful and effective student representative.

I take great pride in the NASPSPA organization, and I am eager for the chance to serve my colleagues and assist the Executive Committee in creating a wonderful conference in Montreal. Thank you for your consideration. I look forward to seeing you in Portland!



April Karlinsky

My name is **April Karlinsky**, and I am a PhD candidate with Dr. Nicola Hodges at the University of British Columbia. My research focuses on how and why dyad practice can be used to promote the efficiency and effectiveness of motor learning.

I am very excited about the opportunity to be your student representative for 2015-2016. I have had numerous experiences serving on similar

committees as student representative and advocate. These include my role as graduate student representative for the School of Kinesiology at UBC, chair of the social and athletics committees on the residents' council at UBC's graduate student residence, and bilingual mentor for international students at the University of Ottawa.

Students who attend NASPSPA conferences will quickly recognize that their value extends beyond sharing and learning about current research. Equally important, these conferences provide an amazing opportunity to meet fellow students and faculty. As your student representative, I would build on the positive initiatives put in place by

our previous student representatives as well as solicit your suggestions on making your conference experience even better. I am particularly interested in promoting networking opportunities for students, such as those that might facilitate multisite student research collaborations and identifying potential PhD supervisors and postdoctoral positions.

Thank you for considering me for the role of student representative. I believe that NASPSPA provides an invaluable means of fostering one's professional identity, and I look forward to working hard to provide students with an enjoyable, meaningful, and memorable NASPSPA 2016. See you all in Portland!

2015 Online Voting for Executive Committee Positions

We are excited to announce the opening of online voting for NASPSPA Executive Committee positions. Soon after the publication of this newsletter, you will receive an e-mail from communications director Catherine Sabiston, which will contain a link to an online survey instrument that allows you to cast your votes for each of the open NASPSPA Executive Committee positions. This survey will allow you to vote for the candidate of your choice anonymously. Voting will be open for 15 business days beginning when the e-mail notification is sent. Once the Executive

Committee has certified the vote, candidates will be notified of the outcome, and the results will then be shared with the membership.

You can also access the online voting here: <https://www.surveymonkey.com/s/naspspa2015>.

In addition to voting for the executive committee positions, there are also important votes pertaining to changing the NASPSPA Policy Manual. In order to accept changes to the constitution, at least two-thirds of the membership needs to

vote. As such, we really hope that you will take the time to vote for both of these very important items - the future leadership candidates for NASPSPA Executive and changes to the NASPSPA Policy Manual.

If we do not get a majority (2/3) vote on the changes to the Policy Manual, we will need to spend time at the business meeting in Portland summarizing these changes and voting.



★ ★ ★ ★ ★ VOTE NOW ★ ★ ★ ★ ★

NASPSPA 2015 Conference Information: Updates on What You Need to Know and Do

June 4 to 6, 2015, Hilton Portland and Executive Tower, Portland, Oregon

Our annual meeting begins with pre-conference workshops on Wednesday and ends with a Saturday night banquet.

Conference registration is open, and pre-conference workshops take place on Wednesday afternoon, June 3. The conference program begins at 8:15 a.m. on Thursday, June 4. Students, be sure to sign up for special events (faculty–student luncheon, Friday night social).

For information pertaining to the 2015 conference in Portland, Oregon, see http://naspspa.com/?page_id=646.

Join or renew your membership. Go to www.naspspa.org/join-naspspa to join or renew your membership. You must be an active NASPSPA member in order to participate in the conference.

Register for the conference. Go to www.naspspa.org/register-for-the-conference deadline for late registration is May 15, 2015. Professional \$350; student \$220.

On-site registration. Professional \$390; student \$280.

Book your hotel room. The conference hotel (Hilton Portland and Executive Tower) is sold out of rooms for the conference. If you have not yet booked your hotel room, you can get a NASPSPA rate at the Paramount Hotel, which is located 0.16 miles from the Hilton. To make a reservation, call 503.223.9900 or toll free 855.215.0160 FREE. Be sure to ask for the NASPSPA rate.

The conference program will be starting at 8:15 a.m. on Thursday, June 4. Click here to view the conference program (<http://naspspa.com/wp-content/uploads/2014/11/2015-NASPSPA-Conference-Program.pdf>) and related program schedule grid (<http://naspspa.com/wp-content/uploads/2014/11/NASPSPA-Program-Grid.pdf>)

Plan your travel accordingly.



How to Get to the Hotel

When you arrive at PDX (Portland International Airport) the most efficient way to the Downtown Hilton Hotel is the MAX (**Tri Met Red Line**).

Find your way to the baggage claim (lower level, turn left at baggage claim 2). Check the signs for directions, or as you go down the stairs to baggage claim, turn right. Buy your ticket and then step outside to the train.

- Trains depart the airport approximately every 15 to 20 minutes. The trip to and from downtown Portland takes about 38 minutes and costs \$2.50 for adults 18 to 64, \$1 for [honored citizens](#), and \$1.25 for [youth](#).
- You can easily roll your luggage on board.
- The first train of the day arrives at PDX at 4:44 a.m. on weekdays. The last train departs PDX at 11:49 p.m. daily.
- You must purchase tickets before boarding the Max Train.
- Exit the MAX at Pioneer Square.
- After exiting the train, walk south across Pioneer Square, then one more block to 921 SW 6th Avenue (Portland Hilton).

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President's Message

scholars will be honored in a special session on Thursday evening. Be sure to attend and help us celebrate their career accomplishments. We also have an early-career distinguished scholar who will be announced at the business meeting. As you know, these young scholars give a presentation the following year. In Portland you will enjoy presentations by last year's early-career distinguished scholars, Yu-Kai Chang and Leah Robinson.

Also, it's election time again! The Nominations Committee chose two exceptional candidates for the office of president-elect: Daniela Corbetta of the University of Tennessee and David Anderson of San Francisco State University. Candidates for communication director are William Berg of the University of Miami in Ohio and Quincy Almeida of Wilfrid Laurier University. Student representative candidates are April Karlinsky of the University of British Columbia and Kara Palmer of the University of Michigan. Thanks to all candidates for their willingness to serve the NASPSPA membership! You will find biographical sketches of the candidates in this newsletter. The online voting process will take place from the publication of this newsletter for 15 business days. While you are casting your votes for the candidates, please take an additional minute to vote on suggested changes to our constitution and bylaws. The Executive Committee is proposing these changes for the purposes of clarity and consistency. *Two-thirds* of the membership will need to approve them in order for us to adopt them.

I look forward to seeing you in Portland

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Student-representative's column

include a short abstract, a five-page abstract, a letter of information regarding the conference location and research significance, and a letter of recommendation from your advisor. Applications for this award are due May 31 and September 30. (Check out the [NASPSPA website](#) for more information.)

Volunteering and rooming: I am looking for interested individuals to help with the student registration table at the conference. Please contact me at nwestlun@uwo.ca, if you would be interested in helping out! This opportunity is a good way to get involved with NASPSPA, meet new people, and learn more about the organization. In addition, if you are in need of someone to share a hotel room, please let me know or post on the NASPSPA Facebook group. I will also be searching for roommates myself as the conference draws nearer, so do not hesitate to contact me!

If you haven't already registered for the conference, you should do so soon. Don't forget to sign up for the **student-faculty event** and **student social** while you're at it! If you have any questions or concerns, please feel free to contact me at any time: nwestlun@uwo.ca I am looking forward to seeing all of you in Portland this June!

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